

Solglimt Posten
Volume XLIII, No. 8
September, 2018



The mission of the Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic Countries, and to provide quality insurance and financial products to its members.

Lodge Meeting

Tuesday, September 25, 2018
Cedar Falls Woman's Club
3rd and Clay Street - Cedar Falls, Iowa
Dinner: 6:30 pm Cost: \$12.00

Menu

Chicken & Wild Rice Casserole
Roll and Butter
Tangy Gelatin Salad, Red Velvet Brownie



Kate Martinson
"North Sea to South Seas:
Norwegian Sugar Cane Story"

Kate Martinson is an Emeritus Professor of Art at Luther College, where she taught art education and fiber arts classes. She is a Vesterheim volunteer and trustee, active in artistic endeavors at the local, state and national levels. She will tell us about how and why Norwegians ended up on some Hawaiian Islands and became central players in the sugar cane industry.

Reservations by Thursday, September 20th,
Cancellations by Saturday, Sept. 22nd. If your caller misses you, or if you are not a member and would like to attend, please call **Karolyn Haugebak, 277-2294**. Also call **Karolyn** for cancellations. Remember, if you reserve and do not attend, you do pay for your meal.

Bring items for the Food Bank!

Fra Presidenten

Greetings all,

We are turning the corner from summer into fall. It shouldn't be too long before we see some color other than green in the trees. All of this is to announce that a new season is upon us. *Solglimt* Lodge, like many other organizations, is now gearing up for the coming season.

We just enjoyed a great, but maybe a bit rainy, Lodge August picnic. It was a very nice turnout for the damp evening. Thanks to all for the wonderful selection of delightful foods. Thanks to Norm Carlson for his presentation on Norwegian humor. It seems we of Norwegian decent are among the few who are willing to poke a little fun at ourselves. Who knew?!

It is with sorrow that we must report the loss of two long time members of *Solglimt* Lodge, **Marilyn Young** and **Opal Walther**. We will note their passing at our September meeting.

See the article elsewhere in this issue of the **POSTEN** concerning a trip to the Borlaug Barn Dedication September 22. We welcome anyone who wishes to join several of us already planning to make the trip north. This is a wonderful chance to experience something Norwegian right in our backyard.

We will also plan another trip to the Old Creamery Theater in November or December. Plus, there are a couple of other outings being considered, details when we have more information available.

(Fra Presidenten continues on next page)

(Fra Presidenten, continued)

Also, note the article on the Valley Lutheran School golf outing on September 21. We have one foursome, but would love to have more. We want to offer our membership more than just a lodge meeting once a month. Let's have some fun!



Good things are happening, folks! Be sure to mark your calendars for our lodge meetings, and as always, invite a friend to join you. We offer wonderful friendships, good food and great programs for everyone's enjoyment at our lodge meetings. Explore your Norwegian heritage!

Keith Jorgensen, President

Secretary's Notes, Aug. 2, 2018 Lodge Business Meeting

Solglimt's monthly business meeting was called to order by **President Keith Jorgensen** on Thursday, August 2, at his residence in Cedar Falls. In attendance were **Jon Tehven, Gloria Tehven, Dottie Roiseland, Jim Miller** and **Eunice Becker**.

Editor Gloria Tehven requested reports and news items for the September issue of the POSTEN by August 30th. The August issue had been completed and published.

The Sturgis Falls booth reported earnings of \$2,666, one half of which came from cash donations. *Mange Takk* to **Coordinator Joel Johnson, Chris Johnson, Keith** and **Jon** and to those who gave of their time, effort, baking skills and cash that helped to make this summer's Sturgis Falls event another success.

Keith continues working on securing candidates for 2019 Officers.

A Strategic Planning meeting is planned for later in the month on a date yet to be determined.

Several destinations for potential day trips were discussed, the first being a return visit to the Borlaug farm for a dedication ceremony on September 22. Watch the newsletter for further details.

A new policy regarding funeral memorials was established: the President is responsible with the Secretary's assistance.

The contract with the CF Woman's Club was reviewed. **Keith** will follow up on the issue of special dietary requests.

Arrangements for the August 28 picnic were finalized. Board members are hosts for the event as is customary.

Keith shared information regarding the annual Crusaders Classic Golf Outing benefitting Valley Lutheran High School. This year's event takes place Friday, September 21, at the Waverly Municipal Golf Course. Admission is \$60, and includes lunch. Contact **Keith** if interested.

Keith also shared Awards presented to the Lodge at this year's District 1 Convention: Silver President Merit awards to **Steve Norby** (2016) and **Keith Jorgensen** (2017), and Silver Merit Awards to the Lodge for 2016 and 2017.

Solglimt was represented at this year's convention by **International President Jon Tehven**, delegates **Keith Jorgensen, Mardell Lindberg** and **Joel Johnson**, and by participants **Gloria Tehven** and **Duane Lindberg**. *Takk* to all of you!

Treasurer Jim Miller reported a balance of \$5,510.51 in the Lodge operating account as of 7/31/18. Receipts totaled \$6,353 with expenses of \$4,224.26. Treasurer's report approved (**Jon/Dottie**).

Under other business, **Jon** brought up the following items for discussion/review:

1. Sturgis Falls cookbook drawing
2. Viking float housing
3. Nordic Fest (8 area people signed up)
4. Membership

It was agreed to invite the Lodge's new Financial Benefits Counselor Scott Johannsen to introduced himself and make a presentation at the October Lodge meeting.

Announcements:

- Next meeting-Aug.28-CF Boat House, 6:30 pm
- Strategic Planning (TBA)
- Business Meeting-Sept. 4-**Keith's** home, 3pm

As there was no further business, meeting adjourned.

Respectfully submitted, **Eunice Becker, Secretary**

A Chance to Do Good Golfing

Valley Lutheran School is holding a special Golf outing/fund raiser on September 21, starting with lunch at 11:00 AM and golfing after lunch. The golf game is "Best Ball", so you don't have to hit a perfect shot every time—one of your team mates will do it!!

The cost is \$60—as mentioned, it is a fund raiser. But it is also a fun raiser! **Jon Tehven, Dottie Roiseland, Jim Miller, and Keith Jorgensen** have already signed up to play, but more are welcome and the groups can be mixed up if needed.



Contact **Keith Jorgensen, 277-1537, or kjorgensen@cfu.net** if you want to participate. The event will be at the Waverly Country Club, 705 8th St. SW in Waverly. (If you call, and **Keith** doesn't answer, just leave a message.)

August 28 Lodge Meeting

Solglimt Lodge met in at the Cedar Falls Beach Boat House, with forty + members attending. After the singing of the table prayer, we enjoyed a great pot luck dinner.



Following dinner, **Social Director Jon Tehven** introduced Norm Carlson from Des Moines who entertained us with Norwegian Humor!



Guest for the evening were Randi Ellefson and Ron and Sharon Lance's granddaughter.

Borlaug Barn Dedication Saturday, September 22

You're invited! The Barn on the birthplace of Nobel Prize winner Norman Borlaug will be dedicated in a special ceremony at 11:00 AM on Saturday, September 22. The dedication event is a part of the Iowa Barn Foundation "All State Tour."

There will be things to do all day at the Barn. It will be open from 8:00 AM to 5:30 PM. There will be Tours & Draft Horse Plowing Demonstrations from 9:30 AM- 2:30 PM.



Lunch served by Lynch BBQ can be purchased. There will be entertainment by Sopha Sisters from 10:30 AM to 1:30 PM. Wagon rides from the Birthplace to Norman's Boyhood farms will also be available.

If you would like to car pool with other members of our Lodge, contact **Keith Jorgensen, 277-1537 or kjorgensen@cfu.net**. (If you call and no one answers, please leave a message and he'll get back to you.)

We should probably be "on the road" by 7:00-7:30 AM if we wish to catch some barn tours and possibly see the plowing demonstrations. The dedication service is at 11 AM. It will be a great way to spend a Saturday!!

Thanks to **Joanne Lane**, Norman Borlaug's cousin, for providing information about this event!



If you want more information you can also contact the Norman Borlaug Heritage Foundation: NBHF, P.O. Box 57, Cresco, IA 52136.

Sons of Norway International Convention Thurs, Aug 16 through Sat, Aug 18, 2018

The International Convention was held at the Regency Hyatt in Bloomington, MN. The theme for the convention was "Sailing for Growth" and was hosted by Synnove Nordcap 1-008, Syttende Mai 1- 517, and Vennekretsen 1- 559 lodges. Co-chairs were Claudia Bomier and Diane Halvorson.

However, on Wed, Aug 15 there was a day-long Innovative Leadership workshop focusing on volunteerism. Keynoting was the CEO of Second Harvest Heartland, one of the largest food pantries in the US, serving 1,000 pantries in 59 counties in MN and WI.

After the presentation, the attendees packaged over 500 health kits.



A panel discussion focused on volunteerism in our local lodges. Of special note is what Vennekretsen Lodge, Anoka, MN has done to address the plight of homeless youth. Over the years they have raised millions to provide housing and educational opportunities through the Hope4Youth Foundation.

Then we adjourned to the home of the Minnesota Vikings to enjoy a night of leisure and fellowship.



Thursday

After the preliminary introductions and greetings from **Ambassador Kare Aas** and **King Harald**, we conducted the Memorial Service, with Solglimt member **Rev. Phil Froiland** bringing the opening Invocation and the closing Benediction.



Following the Opening Ceremony, we adjourned to the Landmark Center for the President's Reception.

Friday and Saturday

For two days we conducted the business of SON, including reports from four committees: Reports, Finance, Resolutions (18) and Bylaws (44).



Our new International Board was elected,



and Hamar, Norway is Convention time 2020.

At the closing banquet, **Gloria** and **I** were presented with many gifts, including this beautiful retirement vase:



Special thanks to all for your support these past four years as International President.

**Solglimt Officers and Contacts
2018**

President: Keith Jorgensen
kjorgensen@cfu.net
Vice-President: Dottie Roiseland
roisdot@gmail.com
Secretary: Eunice Becker
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Treasurer: Jim Miller
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Editor: Gloria Tehven
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Librarian: open
Sunshine Chr. Beverly Haugen
bhaugen@cfu.net

**Treasurer Jim Miller's Report
For period ending Aug. 31st**

1. Checking/Savings Accounts

Balance on 8/1/2018.....\$5510.51
Receipts.....(+) 56.00
Sub Total.....\$5566.51
Disbursements.....(-) 175.00
Balance on 8/31/2018.....\$5391.51

2. Certificates of Deposit

4 \$1000 Certificates....\$4000.00

3. Savings Bonds (none)

4. Cash on Hand..... \$50.00

Total financial assets 8/31/2018
\$9441.51

Are you missing a fork that you brought to our August pot luck? Gloria Tehven brought home an extra fork. Contact her and she'll be happy to return it to you!

Sons of Norway Benefits

To learn more about the many financial benefits offered by Sons of Norway, contact our Benefit Counselor:

Scott Johanssen, FIC
Riverland Insurance Group
1970 Spruce Hills Drive
Bettendorf IA 52722
Phone: 563-503-5400
Cell: 563-343-5157
sjohanssen@riverlandinsurance.com

Lodge Member News

Our sympathy is extended to the family of **Opal Walther**, who passed away on Aug. 4th. Her funeral was held on Saturday, Aug. 11th.



Several *Solglimt* members attended the funeral services for **Marilyn Young** on August 2. **Marilyn** served many years as the librarian for our lodge and also was the leader of our book club.

Joanne Lane attended the SON International Convention as a vendor, with books for sale about her cousin, Norman Borlaug, and information about the Borlaug Barn Dedication on September 22.



A Little Sunshine

If you know of anyone who could use a little sunshine, contact:

Beverly Haugen
Western Home Communities
5300 Main Street #45
Cedar Falls IA 50613
bhaugen@cfu.net

A Posten Reader's Contest

Welcome to a new contest, with a change in rules, so more of you can have a chance to win.

This fall's prize will be awarded at our December meeting. It will be a rosemaled picture by **Elsa Waschek!** Thank-you **Elsa** for providing a meaningful prize! **Elsa** has taken rosemaling classes at Vesterheim and for many years taught rosemaling classes for many of our *Solglimt* members.

How can you win this wonderful prize? Well, all you have to do is either phone, snail mail, or email me (Gloria) with the answer to the riddle by September 30th. (Only *Solglimt* members can enter.)

In what two events can you participate with other *Solglimt* members this month, in addition to our regular meeting?

You don't have to be the first person to contact me with the answer to the riddle, everyone who provides me with the answer will have their name placed in the drawing for **Elsa's** rosemaling. Just be sure you send your answer to me during September!!!

Send your answer and any news that you'd like to see in the October POSTEN to:

Gloria Tehven
1507 Hickory Heights Drive
Waverly, IA 50677

gtehven@live.com

Book Club

The *Solglimt* Book Club will meet on Monday, September 17, at New Aldaya, 7411 University Ave. in Cedar Falls, with lunch at 12 pm and discussion at 1 pm. The book for September is The Stonecutter, by Camilla Lackberg.



Kalender

Sept. 4: Lodge Business Meeting

Sept. 17: Book Club

Sept. 21: Golf Outing

Sept. 22: Borlaug Barn Dedication

Sept. 25: Lodge Meeting
Kate Martinson
"North Sea to South Sea:
Norwegian Sugar Cane Story"

Oct. 2: Lodge Business Meeting

Oct. 15: Book Club

Oct. 23: Lodge Meeting
Foundation Month
Scott Johanssen
Sons of Norway Financial Benefits

Solglimt POSTEN
Gloria Tehven, Editor
1507 Hickory Heights Drive
Waverly IA 50677

Happy National Potato Month!

Potatoes have been an important part of Norwegian cuisine and culture for more than 250 years. They continue to be a staple ingredient in many traditional dishes like dumplings, *lefse*, and hash. Potatoes have also played a significant role in Norway's history.

The potato first originated in the Andes mountains where it had grown for 10,000 years before the first Europeans arrived. Those early explorers brought the potato to Portugal in 1567 and, with the help from European religious leaders, potatoes eventually made their way to Norway in 1750. Priests and pastors were known for growing potato spuds on the grounds of their parsonages. They would often teach people how to cultivate them on their own.

However, it wasn't until the Napoleonic wars in the early nineteenth century when potatoes were fully integrated into the Norwegian diet. The British navy blocked the seas around Norway. This eliminated grain imports from Denmark and struck Norway with famine. In desperate need of a replacement, Norwegians turned to potatoes and quickly found them to not only be nutritious but also simple to cook, inexpensive, filling and easily grown in the harsh Norwegian climate and soil conditions. The humble potato has been a Norwegian favorite ever since.