

Solglimt Posten
Volume XIII, No. 5
May 2018



The mission of the Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic Countries, and to provide quality insurance and financial products to our members.

Lodge Meeting
Syttende Mai Celebration

Tuesday, May 22, 2018
Cedar Falls Woman's Club
3rd and Clay Street, Cedar Falls, IA
Dinner: 6:30 pm, **Cost: \$16.00**

Menu

Lutefisk & Meatballs
Parsley'd Potatoes, Sweet Cabbage
Lefse, Rommegrot, Fruit Soup, and
Norsk Pastries

Members of the Lodge are invited to bring Norwegian Pastries to share. In addition, **Carol Schultz** will bring *lefse*, **Christa Hansen** will bring *rommegrot*, and **Percy Slattenow** will bring fruit soup.

"Norwegian Tunes and Stories"
David Swenson



David is a retired Boone High School orchestra instructor and has developed a unique, extensive, and growing repertoire of Scandinavian fiddle tunes. He has performed for many Sons of Norway events: Des Moines, Story City, Minneapolis, Owatonna, and at the Norwegians Worldwide Club. **He will bring CDs for purchase with him.**

Reservations by Thursday, May 17th. Cancellations by Saturday, May 19th. If your caller misses you, or if you are not a member and would like to attend, please call **Karolyn Haugebak, 277-2294**. Also call **Karolyn** for cancellations. Remember, if you reserve and do not attend, you will be asked to pay for your meal.

Fra Presidenten

Greetings all,

Ah, May! The aroma of *Lutefisk* fills the air! Well, ok, maybe not totally fills the air, but at least around the Cedar Falls Woman's Club on the 22nd of the month. Yes, there will be *lutefisk*, and plenty of melted butter to top it off has been promised for this year. So, check your calendars and invite a friend for this Norwegian treat. The term "treat" may not be defined in the same way by all of you, of course. If the *lutefisk* is not enough to entice you to get to the meeting, well, the program "Norwegian Tunes and Stories" should do the trick! Hey, it should be a fun evening!

Several of us departed from the April meeting with a newly purchased sample of chip carving in the form of a butter spreader, spoon or even a bowl. All of us came away with a new appreciation of chip carving and a sense of gratitude for having all our fingers in place! We thank Richard Anderson for his fine program.

April is also where we started our active recruitment of workers and bakers for the June Sturgis Falls food booth. Many of you did sign up for working multiple shifts over the course of the weekend. *Manga Takk!*

(Fra Presidenten continued on next page)

(*Fra Presidenten, continued*)

You'll have another opportunity at this month's meeting. This is an important event for the lodge. It finances nearly our entire budget for the year. We are fortunate to be able to continue with our food booth. It's all because of your willingness to work and bake.

If you haven't noticed, the Danes in the booth next to us for many years are no longer there. We don't want the same fate to befall us. So thank you for your generous donations of time and talent! And hey, we have a lot of fun working together! This is where you get to really know your fellow lodge members, working side by side. See you there!

Hopefully each of you is able to enjoy the spring weather, which has finally arrived. It may be in the form of a simple walk around the block, or a more vigorous activity in the yard or garden. Whatever it is, even we Norwegians like a little warm weather. It's time to put away those skis.

See you all at the May meeting!

Keith Jorgensen, President

Secretary's Notes, April 10, 2018 Business Meeting

Solglimt's monthly business meeting was called to order on Tuesday, April 10, by **President Keith Jorgensen** at his Cedar Falls residence. Present were **Dottie Roiseland** and **Eunice Becker**.

Treasurer Jim Miller's report, sent via e-mail, showed a balance of \$3,897.41 in the Lodge operating account with receipts of \$612 and expenses of \$697 for the month of March.

Due to the lack of a quorum, action on both the minutes and treasurer's reports was delayed until the May meeting.

Keith reported that arrangements had been made for twenty-four members and guests to attend the Old Creamery Theatre's production of "Ole Runs for Office" on Wednesday, April 11. Plans also include a lunch stop at the Amana's Ox Yoke Inn.

Chair Joel Johnson had sent word that Sturgis Falls food permits had been received. This year's dates are June 22-24.

CultureFest 2018 had taken place at the Waterloo Center for the Arts on Thursday, the 5th. (See elsewhere in the POSTEN for details.)

Arrangements for the *Syttende Mai* meeting on May 22nd were discussed. **Keith** will consult with committee heads to finalize plans.

Upcoming meetings include: Strategic Planning, April 19th; Lodge meeting, April 24th; and the next business meeting, May 1.

As there was no further business, meeting adjourned.

Respectfully Submitted,

Eunice Becker, Secretary

Meet Linda Benson



New Solglimt Lodge member **Linda Benson** lives in Waterloo. She has spent 41 years as a nurse in the Intensive Care Unit at Allen Hospital. She got her training at St. Luke's, Marquette, MI. Her son is a photographer and her daughter is also a nurse.

Culture Fest Report from Pam Flanders

The Culture Fest was held April 5th at the Waterloo Center for the Arts. There were hundreds of students and families there to celebrate our communities' diversity and to learn about other cultures. We always have a lot of interest in our Norwegian Heritage!!!

Thank you to **Keith Jorgensen** for hanging and displaying the Norwegian flag and his presence to interact with others. Also thanks to **Dr. Lindberg** and **Gloria** and **Jon Tehven** for bringing artifacts to display and talking with many individuals about our culture and organization. **Cheryl Moore** and I made and shared *Kringle* for the tasting!! This continues to prove to be a great annual event and provides a great deal of exposure for our Sons of Norway group!!! Thanks for your support!!

**Secretary's Notes, April 24, 2018
Lodge Meeting**

Solglimt's monthly Lodge meeting was called to order by **President Keith Jorgensen** on Tuesday, April 24th at the Cedar Fall's Woman's Club. Following his welcome, he, accompanied by **Musician Kathy Schuhmacher**, led the group in the anthems, Pledge of Allegiance and table prayer.

While dinner was being served, **International President Jon Tehven** welcomed new member **Linda Benson** of Waterloo. Return guest, Traci Lake, Cedar Falls, was also welcomed.

Sturgis Falls Coordinator Joel Johnson sent word with **Jon** regarding preparations for that event on June 22-24 and a sign-up chart was circulated for work shift volunteers, baked goods and cash. Youth aged fourteen and up are welcome to serve at the Lodge food booth. An appeal is also out for help with the Lodge's Viking ship entry in the parade.

Sunshine Chair Bev Haugen reported on her activity during the month.

Keith reported that twenty-four members and guests had participated in the Lodge trip to the Amana Colonies on April 11 to see the play "Ole Runs for Office". He expressed thanks to those who had provided transportation. Other destinations already are being considered for another day trip in the fall.

Following dinner, **Sports Director Jim Walsh** presented the following Sports/Activity medals: **Jon Tehven**, Bronze and Silver in both Walking and General Fitness; **Pam Flanders**, Bronze and Silver in Walking and Bronze, Silver and Gold in Bicycling; and **Carol Pett**, Bronze, Silver, Gold and Enamel in Walking. Congratulations to all! Contact **Jim** for information and record-keeping logs if interested in participating in this program,

President Jorgensen presented 2017 Recruitment Awards to **Duane Lindberg** (five new members) and **Jon Tehven** (two).

Keith noted that Lodge delegates to the District One Convention in Rochester, Minnesota in June are registered and shared information regarding the Folk Art Display/Competition held during the event.

Upcoming meetings include the *Syttende Mai* dinner on Tuesday, May 22, and Strategic Planning on Thursday, May 24.

Those celebrating birthdays in March and April were acknowledged. Special recognition was given to **Howard Braden** in honor of his 98th birthday on April 2nd.

Social Director Jon Tehven introduced the evening's program presenters, Richard and Yvonne Anderson of Starbuck, MN. Richard had set up shop in the Woman's Club and demonstrated the art of chip carving from a block of wood to finished product. Along the way he answered questions as to the tools and materials used and gave some historical information on this ancient craft. Anderson presented his host and cousin **Jon Tehven** with a spoon he had carved and he had various-sized spoons, cups and bowls for purchase following his presentation.



Elsa Waschek was the winner of the drawing for a Lodge dinner.

With a wish for peace and harmony to prevail within the Lodge, **President Jorgensen** declared the meeting adjourned.

Respectfully submitted,

Eunice Becker, Secretary

Solglimt Members Attend Play



Solglimt members attend "Ole Runs For Office" at the Old Creamery Theater at the Amana Colonies

**Solglimt Officers and Contacts
2018**

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Northeast Iowa Food Bank

Thanks to you, 19 pounds of food was delivered to the Northeast Iowa Food Bank on Wednesday, April 25th.

Now that we're not collecting dollars for a match grant, we encourage your ongoing donations of food, personal items (lotions, hand soaps), pet foods, paper products and canned nuts (good and nutritious!)

Thanks for your caring support!
Perc and Linda Slattenow

Financial Benefits

If you have any questions about the many financial benefits offered by the Sons of Norway, contact SON Headquarters at 1-899-955-8851

Lunch with Queen Sonja

On April 15 **International President Jon Tehven and Gloria** attended the Queen Sonja Print Art Awards (QSPA) ceremony aboard MS Fram in New York City.



Sons of Norway is a member of the QSPA Foundation. Pictured with the Queen (her back to us) is Honorary Consul Thune and SON CEO Eivind Heiberg (red tie).

Queen Sonja spoke at the ceremony and then the members of the QSPA Foundation had some 'private' time with her. Lunch with the Queen followed the ceremony.

Book Club

The *Solglimt* Book Club will meet on Monday, May 21, at the Cherry Creek Grill, 1850 West Ridgeway in Waterloo. Lunch is at noon. They will discuss Ice Ship by Charles W. Johnson, a story about the voyages of a polar ship.

Marilyn Young

myyoung@cfu.net

Jim Miller, Treasurer's Report

1. Savings/Checking Accounts
Balance on 4/1/2018.....\$3897.41
Receipts.....(+)594.63
Sub Total.....\$4492.04
Disbursements.....(-)1044.50
Balance on 4/30/2018.....\$3447.54
2. Certificates of Deposit
4 \$1000.00 Certificates...\$4000.00
3. Cash on hand.....\$50.00
Total financial assets, 4/30/2018
\$7497.54

A Message from Idaho

"*Takk skal deg har*" for honoring us with meaningful cards and for your beautiful messages. And, of course, we don't want to forget Iowa's goldfinch, wild rose and the Norwegians there!! One card said we were just getting started. Good—it even works in slow gear!

We pray for your health and happiness, safety in your "coming and going" for the Norse clan, and Blessings from God as you make memories for yourselves and others.

Warm wishes—
Ardell and Jean Banker

(Editor's Note: **Ardell and Jean** celebrated their 90th birthdays some time ago and many of you sent them birthday cards---

A POSTEN Reader's Contest

The first emailer and the first phone caller with the answer to this month's riddle will have their names entered in a drawing at our May meeting to win a *Kuksa* Cup carved by Richard Anderson. The cup has a leather band attached so you can hook the cup onto your belt when you go hiking, biking, walking, and need a drink of water. This is what the Scandinavians did with these special cups.

This month's riddle is: What very important event needs your help in June?

Call or email your answer to:

Gloria Tehven
gtehven@live.com

Also, send any information that you'd like to see in the June POSTEN to me by June 1st!

Work Crews 2018

Thursday, June 21 Set-Up: 2:00 - 5:00 pm

Dave & Karolyn Haugebak
David Palmer
Keith Jorgensen

Sunday, June 24 - Take Down

Dave & Karolyn Haugebak
Dave & Clare Palmer
Keith Jorgensen
Mike Butler

Friday, June 22 - 10:30 am - 9:00 pm

10:30 - 5:00- Chr

10:30 am - 3:00 pm
Karolyn Haugebak
David Haugebak

NOON - 3:00

5:00 - 9:00 Chr

2:30 pm - 6:30 pm
Keith Jorgensen
Pam Flanders
JoAn Headington

6:00 pm - 9:00 pm
Linda Benson
Pam Flanders
JoAn Headington

Saturday, June 23-9:30 am - 9:00 pm

8:30 - 2:00 Chr-

9:30 am - 12:30 pm
Helen Rostad
Carol Pett

2:00 pm - 9:00 Chr-Keith Jorgensen

Noon - 4:00 pm
Bev Haugen
Dottie Roiseland
Lis Konig

3:30 pm - 6:30 pm
Duane Lindberg
Mardell Lindberg

6:00 pm - 9:00 pm
Audrey Fimreite

Sunday, June 24 - 9:30 am - 5:00 pm

8:00 - 2:00 Chr-

8:00 am - 11:30 am

2:00 - 5:00 Chr-Keith Jorgensen

11:00 am - 3:00 pm
Dottie Roiseland
Lis Konig

2:30 pm -5:00 pm-includes Take Down
Mike Butler

When you come for your shift, bring

- Bag of ice
- Cash Donation

SUNDAY MORNING WE NEED 24 DOZEN CINNAMON ROLLS!

Kalender

May 1: Lodge Business Meeting
May 13: Mother's Day
May 17: *Syttende Mai*
May 21: Book Club
May 22: Lodge Meeting
"Norwegian Tunes and Stories"
David Swenson
May 24: Strategic Planning
Meeting
May 28: Memorial Day
May 31-June 2: *Sangerfest*
at Luther College
June 5: Lodge Business Meeting
June 14-16: District One
Convention, Rochester
June 22-24: Sturgis Falls Days

Sangerfest, Luther College

The Decorah Luren Singing Society will host the 62nd Biennial Norwegian Singers Association of America from May 31-June 2. They will also be celebrating the 150th anniversary of their founding.

The Luren Singers are the oldest Norwegian American chorus in the United States!

Concerts will be in the Center for Faith and Life at Luther College on Thursday, May 31st at 7 pm and the Grand Chorus of 300 singers from 10 Midwestern Norwegian American choruses will sing on Saturday, June 2nd at 7 pm. All are Welcome!

More information is available at
<http://www.lurensingingsociety.com/>
or Mr. Lee Grippen
legrippen@acegroup.cc

Solglimt POSTEN
Gloria Tehven, Editor
1507 Hickory Heights Drive
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Happy Syttende Mai!



Hurray, It's the 17th of May!

As Norway's most celebrated holiday, *Syttende Mai* honors the anniversary of the signing of the country's constitution in 1814. Over time the day and what it represents to the people of Norway has evolved greatly. Historically, May 17th stood as a day of politics involving speeches and rallies; today it is filled with national pride, festivities and tradition.

Each year, thousands of people in Norway—and around the world—take part in waving Norwegian flags, marching in city parades and professing their love of Norway. Many of the day's festivities are centered on music, food, children and graduating high school students. The largest parade takes place in Oslo and consists of more than 75 schools and marching bands, and is attended by the Royal Family.

In our Lodge, we celebrate by eating *lutefisk*, *lefse*, *rommegrot*, *fruit soup*, *kringle*, and remembering our Norwegian ancestors and their coming to America. It's a day of celebration!