

Solglimt Posten
Volume XLVI, No. 3
March 2021

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The mission of the Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic Countries, and to provide quality insurance and financial products to its members.

Lodge Meeting

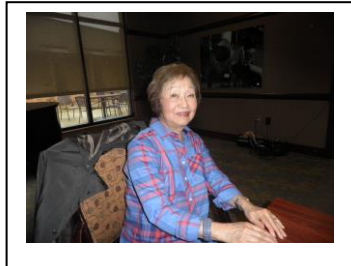
No Lodge Meeting this Month

Unfortunately, the Pandemic is still with us. We'll resume meetings eventually----

Our March Viking ship sponsor is **Marcia Klinefelter**. If you haven't already, please send \$35 to our treasurer, **Jim Miller**, at 1727 Four Winds Drive, Cedar Falls, IA 50613. The sponsor for April is **Liz Konig**. May is taken care of, but we'll need sponsors for the months following. Let me, **Gloria Tehven**, and **Jim** know if you are willing to do this good deed for our boat and our Lodge!!!

Fra Presidenten

March Greetings!
Even though there is still snow on the ground, spring will soon be here!



We look forward to warmer temperatures, spring colors, and outdoor activities.

Since our Lodge won't be meeting for a while, there are no special announcements of spring or summer events. However, there is hope for the future and memories of the past. The work/planning continues and a special effort is being made to maintain communication within the lodge membership.

Phone calls have been made and articles about the lodge and specific members have appeared in the POSTEN. (If you have any news to share, please contact **Gloria Tehven**...we all enjoy reading those personal stories!)

Perhaps it would be fitting to designate March as "Memories Month." What are some of your

special memories of *Solglimt* Lodge? Who extended you an invitation to join the organization? What do you remember of your first Lodge dinner meeting? Do you remember preparing for the Sturgis Falls parade or walking next to or riding in our replica of a Viking ship? Did you volunteer to help set up the *Solglimt* food booth or work a specific shift?

What do you remember of our Lodge bus trip to Minneapolis/St. Paul, or any other trip to a special event? Were you a part of the clean up crew after the tornado hit Parkersburg IA? Were you part of a program for our lodge meeting? Do you remember learning to make Norwegian pastries? Were you a part of **Dave Haugebak's** highway clean-up crew? Did you sing in a special Lodge choral group?

(Some of my favorite memories center on work projects when we were younger and had the ability to bend over and rake without back pain.) These activities provided opportunities to develop and expand friendships. We strengthen our Lodge as we meet, work together, enjoy special events, and share our stories.



Tussen Takk to those who contributed to the Sons of Norway Foundation! Your gifts will help support grants and scholarships in place with the S.O.N. Foundation, Helping Hands to Members Disaster Relief, and Lodge Vitality Funds.

Thanks!!

Clare Palmer, President

**Secretary's Notes, February 9, 2021
Lodge Business Meeting**

President Clare Palmer called *Solglimt's* monthly business meeting to order on Tuesday, February 9th, at new Aldaya in Cedar Falls. Present were **Keith Jorgensen, Jon Tehven, Gloria Tehven, Jim Miller** and **Eunice Becker**.

January's meeting notes were approved as written (**Jon/Keith**).

Treasurer Jim Miller reported a balance of \$3,659.82 in the Lodge operating account at the end of January with receipts of \$256.40 and disbursements of \$142.90 during the month. **Jim** shared thank-you letters from several organizations for Lodge donations made in December.

Sons of Norway District One also acknowledged Lodge memorial gifts in the names of **Howard Braden** and **Cecil Maureen Johnson**.

Jim also noted that the Viking ship float storage facility, under new ownership, is now called Sunset Acres.

IRS form 990 had been filed electronically; form D17 is a work in progress. Treasurer's reports accepted.

Jon Tehven reported no change in Lodge membership during the month of January.

Editor Gloria Tehven requested officer reports and member news items, stories, jokes, heritage and ancestry or how you are coping during these uncertain times by March 1 for the next issue of the POSTEN.

Lodge activities and volunteer hours were reviewed for the Lodge Achievement report due March 15.

Staying connected with members by mail and phone continues. Birth dates have been added to the POSTEN for sending greetings.

Keith Jorgensen noted that dates have been established for this summer's Sturgis Falls celebration. He will be in contact with **Joel Johnson** to coordinate planning. Details to follow as event draws near. He also reported that 2021 calendar sales had been completed satisfactorily.

Jon shared information from the Sons of Norway Foundation that its "Together We Are the Future"

campaign was an overwhelming success and that \$210,164 in donations had been received. The Foundation Board sends thanks to all who supported this effort.

Registration materials for 2021 summer language camps are available from **Jon**. See details elsewhere in the POSTEN.

The next business meeting is scheduled for Tuesday, March 9, at New Aldaya in Cedar Falls. Lunch at 11:30; meeting at noon.

No February Lodge meeting is planned.

As there was no further business, meeting adjourned.

Respectfully submitted,

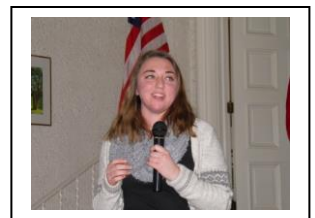
Eunice Becker, Secretary

Where Are They Now?

Sonja Lynch's daughter, **Rachel**, a former Sons of Norway Foundation Scholarship recipient, is currently on furlough in Waverly from her position with Barnes and Nobel. Her brother **Bob** (we know him as **Robby**) is in his senior year at UVA, Charlottesville. Grandparents are **Phil** and **Marilyn Froiland**.



Summer Jackson lives and works in Cedar Rapids where she has a position with Balance Autism. She was also a recipient of a Sons of Norway Foundation Scholarship and attended *Skogfjorden* Language Camp several summers, as did her brother **Austin**, on Sons of Norway Scholarships. **Austin** lives in Waterloo and is employed at the Target Distribution Center in Cedar Falls. Great grandmother is **Dottie Haugebak**; grandparents are **Dave** and **Karolyn Haugebak**.



March 14

Lodge Member News

Clare Palmer's grandparents worked for the family who was responsible for bringing Norwegian immigrants to Hawaii in the late 1800s to work on the sugar cane and pineapple plantations. **Clare** has presented programs on this little-known piece of Hawaiian history.

Apologies to **Phil Froiland**, whose name was inadvertently left off the *Rogaland* heritage listing in last month's POSTEN.

Ron and Sharon Lance are spending the winter in Mission, Texas. They report that down in the Rio Grande Valley it hasn't been as cold or snowy as in some northern parts of Texas. They have had electricity and water, for which they are grateful!

Ron reported that he had turned off all the water mains in their park (Fiesta Village) during the coldest weather, and then opened the faucets and they all checked out well.



They haven't received any COVID shots, but have contacted CVS and Walgreens to inform them when some become available. They want to return to Iowa in either April or the first part of May—and hope they won't see any snow when they return!

There haven't been any Sons of Norway meetings to attend down south because the meeting place isn't open. They hope all is good with all of you in Sons of Norway in Cedar Falls!

Til Minne

We extend sympathy to **Kathy** and **Harold Schuhmacher** on the death of **Kathy's** mother, Elaine Bergan on February 3. She died in Northwood, Iowa. **Kathy** shared that her mother really enjoyed her Norwegian heritage and was an excellent maker of *lefse* and also enjoyed doing *hardanger* embroidery.



Skogfjorden - 2021



Here are some photos from our 2021, the Concordia Norwegian Language Village near Bemidji, MN and Masse Moro Camp in Wisconsin.

1. *Skogfjorden* has not yet decided on their 2021 on-site camp dates. Here are the virtual dates for the one short week!

June 14 - 18	June 21 - 25
June 28 - July 2	July 5 - 9
July 12 - 16	Cost is \$395

No two-week camps; for four-week - **contact Jon Tehven**

2. **District 1 Scholarships are \$150 per week per camper. Solglimt Lodge is eligible for \$450 in District 1 scholarships and our lodge will match the \$150 per week**

3. *Skogfjorden* will have both virtual and in person camps this year and scholarships can be used for either. Go to www.skogfjorden.org for more information.

4. Masse Moro Camp in Wisconsin costs \$850 and camp dates are July 18-31. Registration is due May 17. Go to <http://www.MasseMoro.org> to register.

5. Mikal Kartvedt *Skogfjorden* scholarships are available for campers needing financial assistance. This also applies for Norwegian Folk High School scholarships.

Children and grandchildren of *Solglimt* Lodge members are eligible for the above scholarships.

Questions? Contact **Jon Tehven** at 352-6094 or tehven@msn.com. He has the necessary forms.



Wishing You A Happy Birthday

March 2 Jennifer Ritland
4 Kris Meyer
7 Eunice Becker
8 Bill Hanson



A Little Norwegian Island

Allstate features an island in one of their commercials. The island is Ona, in Norway, with a population of 16.

Ona is Norway's southern most fishing village and famous for the lighthouse Ona Fyr. It is possible to enter the lighthouse, and from the top you will be rewarded with a fantastic view of the ocean and the mainland.



In the area there is also a small summer café, two pottery workshops, a craft shop, a chapel and a long, white sandy beach. The surroundings offer highly memorable experiences, with peaceful spots where you can enjoy the silence and tranquility.

Editor's note: I'm sorry, but I don't know remember who sent this to me. It is from a question-and-answer column written by Rich Heldenfels. In a newspaper.

Lefse Rolling Pins

Diane Tott lost a beloved walnut tree when the derecho blew through central Iowa last August. She was sad, but then she got an idea—she would have the some of the walnut lumber made into *lefse* rolling pins!

The tree was on a farm where Diane had grown up. The tree had a swing, and it provided walnuts that Diane and her family would harvest and eat.

To make the rolling pins, Diane contacted Gary Legwold from Minneapolis, who had been a speaker at a Sons of Norway *King Sverre* Lodge event in Story City, in 2017 where he presented a program, "*Lefse, Lutefisk and the Importance of Humor.*" Tott contacted him to see if he could help her figure out how to turn part of the fallen tree into five beautiful *lefse* rolling pins.



Lefse Rolling Pin by Gary Legwold

He introduced her to a Hastings, Minnesota woodworker, Bob Puetz.

And Bob agreed to make the rolling pins. Diane had the tree cut into 20-inch logs, and her husband, Bob, and a cousin Ron loaded the logs into Bob's pickup and they took them to Gary Legwold's home. But Gary's car was too small to haul the logs to Hastings, so Bob and Ron took them to Puetz's home.

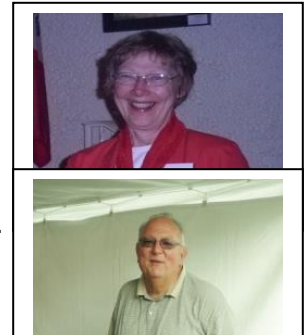
There Bob Puetz made the *lefse* rolling pins—(Ed. Note: I won't go into detail as to the making of them. They have to be done "just right"---)

Tott kept one of the rolling pins and gave the others to her two sisters and two daughters for Christmas gifts! What wonderful gifts they are—a great way to remember the tree on the farm and the Norwegian history of their families!

Editor's note: This story is a condensed version of an article that was in the January 3, 2021 issue of the Des Moines Register. It was shared with us by **Clare Palmer**.

More Soglimt Member News

Rod and Diane Hamer have spent the year at home. **Diane** doing a lot of reading and **Rod** helping the Red Cross through virtual meetings. He was involved with the Cedar Rapids tornado.



But, when they get their second year off, driving to Myrtle Beach, S. C. for a much needed respite and time walking the beach.

They are longing for us to get together.

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**Treasurer's Report
2/1/2021 - 2/28/2021
Jim Miller**

1. Checking/Savings Accounts
Balance on 2/1/2021.....\$3659.82
Receipts.....(+)
207.40
Interest.....0.00
Sub Total.....\$3867.22
Disbursements.....(-)
22.00
Balance on 2/28/21.....\$3845.22

2. Certificates of Deposit
4 \$1000 Certificates.....\$4000.00

3. Savings Bonds (none)

4. Cash on Hand.....\$50.00

Total Assets 2/28/2021...\$7895.22

Covid 19 - Get Your Shots

In a recent conversation that **Jon** had with **Robin Voster** (who is coping, just like the rest of us) she suggested we offer assistance to our members by providing online scheduling and transportation for anyone still needing your covid shots.

If anyone does need help, contact Jon at tehven@msn.com or 352-6094

It Is A Small World

In October of 2017 **Gloria** and I attended Hosfest in Minot, ND. Hosfest is a 5-day event with entertainment, food, vendors selling all sorts of Scandinavian items, and activity from early morning 'til late at night. There are 5 massive pavilions for each of the Scandinavian countries and a 6,000 seat concert hall.

We were there for 2 days.

The SON have a booth and sponsor a restaurant in the Norway Hall and I would help at the booth . . . while Gloria went shopping.



On the last day we were there, Gloria suggested we go watch some entertainment. We ended up in the Iceland Hall, just before the on-stage entertainment going on intermission. We sat there and the MC walked off the stage and announced he was going to interview the audience. He came down the aisle, interviewing, and came to a woman about 10 feet from us. She said her name and said she was from Gardner, ND. The MC said, "I'm Gary Pearson, and I'm from Arthur."

I went to high school with Gary! He walked over to us and I lifted my identification badge. He looked at it and said, "**Jon Tehven**, what in the h*** are you doing here?" I told him I was the International President of SON and he asked me to wait while he introduced the next act.



When the next act got started, he came down and visited with us and asked if he could interview me. "Of course." And he said, "On stage."

So Gary called me to the stage and I got to visit with him about SON! And this is Minot, where in 2011 the SON Foundation gave 40 SON members who were flooded a check for \$1,000 each!

Then Gary wanted to visit about our school days, so the topic shifted to teachers and football and my brother Lowell. Gary and Lowell were the best of friends.

Off the stage, back to the booth, and off to Devils Lake for their lodge's 100th Anniversary celebration.

I'm sure many of you have a lot of 'small world' stories you could tell.

Kalender

Mar. 9: Lodge Business Meeting

Mar. 14: Spring Forward!
Daylight Savings Time Begins

Mar. 17: St. Patrick's Day

Mar. 20: First day of Spring

Mar. 23: Lodge Meeting
(Canceled)

Mar. 28: Palm Sunday

Apr. 4: Easter

Apr. 13: Lodge Business Meeting

Apr. 27: Lodge Meeting
(Maybe)

A Little Sunshine

If you know of anyone who could use a little sunshine, contact:

Beverly Haugen

Western Home Communities
5300 Main Street #5
Cedar Falls IA 50613
bhaugen@cfu.net
319-266-2269

Editor's Note

Check **Clare Palmer's** president's message for some ideas for items you can send me for the POSTEN! Also you can send information that you read in other places. Send your items to the address above, phone 319-352-6094, or email: gtehven@live.com

Solglimt POSTEN

Gloria Tehven, Editor
1507 Hickory Heights Drive
Waverly, Iowa 50677

George Washington, A Famous Norwegian!?

George Washington was of Norwegian descent, and he was well aware of it. He himself stated this fact at a banquet of the Scandinavian Society in Philadelphia in 1782

At that banquet, Aksel Fersen was honored for his courage at the battle of Yorktown. Fersen was personally decorated by Washington, who expressed his pride in his own Norwegian origins.

Washington's ancestry, on both his father's and mother's sides, can be traced to Ragnvald Øysteinson, Earl of Møre and Romsdal. In addition, his ancestors can be traced to Trond Haraldson, born 661, who was chieftain of Trøndlag.

Between 1030 and 1035 another ancestor, Trofinn Sigurdsson, moved to Yorkshire in northern England. One of his sons, Barndolf Torfinnson, lived near York. The family took on the name of a small village in the area called Wassington. The family name eventually changed from Wassington to Washington.

The rest, as they say, is history.

Editor's note: Eunice Becker provided this information. In 1985 **Jon** and I went to England. While there we visited a museum in York. The museum had information about the Norwegian Vikings who settled in York.

