

Solglimt Posten
Volume XLVI, No. 8
Sept. 2021



The mission of the Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic Countries, and to provide quality insurance and financial products to its members.

Lodge Meeting

Tuesday, September 28, 2021
Cedar Falls Woman's Club
3rd and Clay Street, Cedar Falls, Iowa
6:30 pm: Dinner. **Cost: \$14.98**

Menu

Chicken Marsala, Broccoli Salad
Dinner Roll & Butter
Blondie Bar

Program

Scandinavian Architects

Don Meyers, a former architect who will discuss how Scandinavian Architects like Eiler and Eero Saarinen influenced America architects including Frank Lloyd Wright. topic will also explain the origin of the steeple churches in the Midwest. Don is a member of our lodge.

Reservations by Tuesday, September 21st. Cancellations by Thursday, September 23. If your caller misses you, or if you are not a member and would like to attend, please call **Karolyn Haugebak, 319-277-2294**. Also call **Karolyn** for cancellations. Remember, if you reserve and do not attend, you will be asked to pay for your meal.

Our September Viking ship sponsors are **Beverly Haugen** and **Dave and Clare Palmer**. If you haven't already, please send \$35 to our treasurer, **Jim Miller**, at 1727 Four Winds Drive. Cedar Falls, IA 50613. The sponsors for October are **Jon and Gloria Tehven** and **Harold and Kathy Schuhmacher**. Thanks to everyone who signed up to co-sponsor at our August meeting, since the cost of storing the ship has increased to \$70.

Fra Presidenten

Time: Past.. Present.. Future..



The seasons remind us of the passage of time. Autumn is approaching and we look forward not only to the brilliant foliage, but also to the new Lodge programs planned by **Beebs Downing** and **Lori DeVries**.

We remember and reflect on activities and programs of the past, savor the ones recently held, and with joyous anticipation await the ones yet to come.

Our Lodge picnic, held after a torrential rain, still drew about twenty-five people. "Neither snow nor rain nor heat nor gloom of night" can discourage loyal members (like America's postal workers including our own **Bill Hanson**.) from attending Lodge events!

Mange Takk to those who attended and shared not just their delectable dishes, but also family and personal news. Special recognition goes to **Kathy Schuhmacher** for informing us of her heritage, and the faithful presence of long-time member **Dottie Haugebak**. We appreciate the generosity of newer member **Joan Meany**, who brought enough of her special mouth-watering meatball casserole to feed the entire group! *Mange Takk* also to **Keith Jorgensen** and **Jon Tehven** for their work – both physical and organizational.

The lodge expresses its deep appreciation to **Eunice Becker** for her faithful and efficient service for the last 18+ years. Her skill in recording Lodge transactions at our business

(*Fra Presidenten* continued on next page.)

(*Fra Presidenten*, continued)

meetings and supportive attitude and her willingness to serve as our secretary. She is a special Norwegian gem and will always be remembered by our Lodge and individuals. Our Lodge was blessed by her presence and example. We wish her well as she moves to her new home.

As we bid farewell to **Eunice** we extend our greetings to new member **Glenda Timmer**, a retired music teacher from Allison, Iowa. **Glenda's** father is from Norway. Welcome, **Glenda**; we look forward to your presence at our Lodge gatherings and hope you will be involved in special activities!

Clare Palmer, President

Business Meeting, Aug. 10, 2010

Members Present: **Clare Palmer, Jon Tehven, Jim Miller, Keith Jorgensen, Gloria Tehven, Beeb's Downing**

Eunice Becker has resigned as *Solglimt* Lodge Secretary because of health reasons. We thank her for her many years serving as our Secretary and wishing her a speedy recovery.

Jon Tehven reported that at Sturgis Falls 4 individuals who registered for the SON Christmas ornament prize were interested in learning more about SON. At Nordic Fest there were 3 area residents interested in learning more about SON.

It was proposed having a Membership Dinner in October. **Keith Jorgensen** will check out possible locations.

Jon Tehven has spoken to new member **Glenda Timmer** who lives in Allison. Her father came from Norway and she is a retired music teacher.

Having a memorial service in October was discussed. Our lodge will send a memorial to the Sons of Norway Foundation, honoring **Arlene Reinertson**.

The 2021 - 2022 contract with the Cedar Falls Woman's Club was signed and **Keith Jorgensen** will deliver it. Effective September meal cost will be \$14.98. This increase includes a \$.98 sales tax, which was never before included.

The Committee discussed that the cost of the meal includes parking, cost of food, labor cost to prepare

the meal and set-up before the meal and clean up after, tip for the staff, and use of the facility.

Jon Tehven will look into registering our lodge with the IRS as a 501(3)(c) organization. The advantages could be no sales tax on our meals and all donations to the lodge would be tax deductible, such as Sturgis Falls and boat storage donations.

Social Director **Beeb's Downing** reviewed the 2021 - 2022 program schedule:

September 28: *Solglimt* member **Don Meyer**

Scandinavian Architecture

October 26: Chris & Mark McFate, Mark McCune, Deb & Doug Rassler

Cruising the Arctic Circle

November 16: Dr. Joel Haack

The Abel Prize in Mathematics

Silent Auction

December 14: Dr. Joel and Linda Haack

A Norwegian Christmas

Hors d'oeuvres: 5:30 p.m.

January 22, 2022: *Solglimt* member **Kris Meyer**

Frokhost: 9:30

Sharing Our Stories

Beeb's indicated that she and **Lori** have some program ideas to share with the 2022 Social Directors **Pam Flanders** and **Linda Benson**.

2022-2023 Lodge meeting dates are:

January 22, February 22, March 22,
April 26, May 24, June 24-26 SF Days,
July 28-30 Nordic Fest, August 23,
September 27, October 25, November 15,
December 20, January 28, 2023.

The **2022 District 1 Convention** is scheduled for June 2 - 4 at Cragun's Resort in Brainerd, MN. Each lodge is entitled to have 2 delegates and 2 alternate delegates and 1 additional delegate for every 100 lodge members or fraction thereof. Delegates must be selected no later than March 1, 2022.

Our lodge **Bylaws** were last updated in December 2004 and a lot has changed. We will discuss the needed updates in September and vote in October.

Solglimt Lodge members were recognized in the Summer **NE Iowa Food Bank** bulletin.

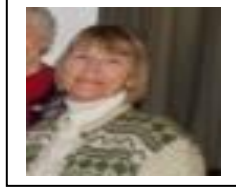
The facility where we store our Viking ship has a new owner who has increased the rental cost from

\$35 to \$70 a month. The Executive Committee is asking that an additional member(s) consider signing up to cover the new rental costs.

Respectfully submitted,
Jon Tehven, Secretary *Pro Tem*

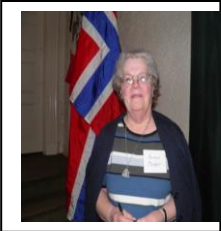
Lodge Member News

Congratulations to **Cheryl Moore** for eight years teaching instrumental music at Valley Lutheran School.



A Note from Eunice Becker.

After messing up my knees and back, it was determined that I could not remain in my home – too many steps. So my daughter, virtually single-handedly, cleared out my house and arranged my move to Terrace Glen, a senior living facility in Marion near her home in Cedar Rapids. I'm getting along better; still getting used to my new surroundings!



Congratulations to **Don Meyer**, who has retired as a Development Officer at Wartburg College. Good luck as you begin a new adventure!



Address Changes

Eunice Becker:
Terrace Glen
3400 Alburnett Rd. #217
Marion, IA 52302

Chris and Joel Johnson
1127 Elizabeth Drive
Waverly, IA 50677

Jon and Gloria Tehven
1103 Bach Drive
Waverly, IA 50677

Leslie Reinertson
1044 9th Street #12
Jessup, IA 50648

August 24 Lodge Meeting

Solglimt Lodge members met at the Cedar Falls Boat House on Tuesday, August 24, for their annual indoor pot luck picnic.



22 Lodge members and three guests were in attendance: **Joe Meany**, husband of **Joan Meany**, **Austin Kelderman**, great grandson of **Dottie Haugeback** and **Sam Glaspie**, granddaughter of **Ron and Sharon Lance**.



Joe



Austin & Sam

Gloria Tehven explained the new rental rate to store our Viking Ship and asked members to consider signing up for the extra charge. She announced that there would be a drawing for a Viking Ship of those who signed up to sponsor our ship. All months through May 2022 are now signed up. Thanks to our *Solglimt* members!

Keith Jorgensen entertained us with a Norwegian joke and displayed his Viking Cruise Ship shirt.

July birthdays were recognized and an August birthday was **Dottie Haugebak's** 98th and we sang Happy Birthday to all.

Kathy Schuhmacher announced that she and **Harold** have booked a trip to Norway in 2022.

Solglimt President **Clare Palmer** presented **Bill Hanson** with his Golden Membership certificate and pin . . . about a year after he had achieved this milestone.



Golden Membership is award to members who are 65 years of age and have been a member in good standing for 30 years or more.



President **Clare Palmer** awarded **Carol Pett** her Sports Medal for 2020.

Beebs Downing shared about growing up and all the Norwegian food she enjoyed.

She also reminded us about our January 2022 meeting with **Kris Meyer** and that we should have our 'story' ready for her.

Don Meyer has retired as a Development Officer at Wartburg College

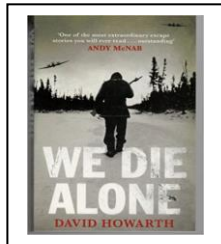
Respectfully Submitted

Jon Tehven, Secretary *Pro Tem*

Book Club

The *Solglimt* Book Club will meet on Monday, September 20th, 12 noon, at New Aldaya.

The book for this month is [We Die Alone](#) by David Howarth. It is a WWII story about a Norwegian soldier.



From Jim Miller

I heard this when visiting at church service in South Dakota:

Duh preacher was preaching about humility and Ole was glad as he felt he was quite humble.



But den he became sad because he thought perhaps being glad about being humble maybe showed he was not so humble.

Den he thought that when he became sad about being glad that he was humble, showed that for sure he was indeed humble.



He den became glad again.

Editor's Note

Kathy Schuhmacher gave me the recipe for the delicious Bløtkake ("wet cake") that she brought to our picnic gathering in August. Copies of the recipe will be available at our September meeting. If you can't attend the meeting and want a recipe, contact me and I will mail it to you.

News from Norway

The last Norwegian soldiers serving in Afghanistan left from Kabul airport the night of August 30, marking the end of 20 years of military presence in that country.

The soldiers had been serving at the Norwegian-staffed field hospital at the Kabul airport and were evacuated on short notice due to security concerns at the airport. (August 31 *Norwegian American*)

September Dates

Labor Day is a United States federal holiday observed on the first Monday of September annually. The day celebrates the American labor movement and the contributions and achievements of the American worker.

Grandparents Day is held on the first Sunday of September after Labor Day, by honoring grandparents. September 12, 2021.

September Equinox

Autumn Starts: Wednesday, Sep 22 2:21 pm CDT

Autumn Ends: Tuesday, Dec 21 9:59 am CST

The first day of autumn often called fall (September equinox or autumnal equinox) is when the sun shines directly on the celestial equator passing from north to south and the length of day and night are almost the same. This is referred to as astronomical autumn or the September equinox.



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**Treasurer's Report
Jim Miller**

1. Checking/Savings Accounts
Balance on 8/1/2021.....\$7048.94
Receipts.....(+)
35.00
Sub Total.....\$7083.94
Disbursements.....(-)
0.00
Balance on 8/31/2021.....\$7083.94

2. Certificates of Deposit
4 \$1000 Certificates....\$4000.00
3. Savings Bonds (none)
4. Cash on Hand.....\$50.00

Total Assets 8/31/2021..\$11133.94

The Lefse Catechism, continued

How can the spots on lefse be removed? They can't. Attempts to cut away all the spots will lead to a truly holey lefse. We call those "reject lefse" (Still temptingly tasteful!) It's best to leave the spots there because nothing you do will get rid of them. The permanent spots remind us that we are in bondage to sin. Despite our best efforts, we cannot remove our spots nor free ourselves from sin. We are destined to the reject pile except for God's marvelous grace. For God will rescue us from the reject pile by covering us with forgiveness. While we try to become holey by our efforts, God makes us holy by covering our spots (or holes) with the blood of God's own Son Jesus. You can bet on that!

What is the best way to eat lefse?

You may butter it and sprinkle with sugar (white or brown) or try lingonberry jelly. Rolled up with lutefisk it becomes a Norwegian taco. Eat it with meat. Enjoy it any way you like! For a fresh-like taste, warm it in a microwave 15 seconds.



The best way to eat lefse is to share it with others. As you share lefse with your family and friends, remember: your faith is most meaningful if shared with others, too. Don't hoard it for yourself. (It might get moldy.) Every Ole and Lena, by tasting the truth, will share the joy.

My lefse is dried out. What does this mean? It means you didn't eat it soon enough. Try taking a tablespoon or two of water, spread it on the lefse and microwave it for twenty seconds. The water will reconstitute the lefse and it will be (almost) as good as fresh.

God's people dry out and get stale too. We forget God's promise. We fall back into doing our own thing instead of living God's way. We lose hope and fall into despair. That's why it helps to walk wet. That means confessing our sins and receiving Christ's forgiveness every single day. When we take off our old clothes (our old way), Jesus gives us new clothes (God's righteousness) That's how we live our baptism. Baptism isn't a one-time deal. It means a new wardrobe daily. It means walking daily by God's grace.

To stay fresh, we need to grow every day. That means feeding on God's Word regularly (Bible study, devotional reading, worship, prayer, etc.). It means joining our brothers and sisters at the Lord's Table, where Christ offers us his own body and blood in and with the bread and the wine. At the table, we are encouraged in faith, given new life, forgiven our sins and reminded of God's promise of eternal life. Ya, sure, you betcha!

(The Lefse Catechism was written by Pastor Daniel Bowman, a Lutheran Pastor in Sacred Heart MN. Used with permission. To be continued in future POSTENS)

Kalender

- Sept. 6: Labor Day
- Sept. 14: Lodge Business Meeting
- Sept. 20: Book Club
- Sept. 28: Lodge Meeting
Scandinavian Architecture
- Oct. 12: Lodge Business Meeting
- Oct. 26: Lodge Meeting

A Little Sunshine

If you know of anyone who could use a little sunshine, contact:

Beverly Haugen

Western Homes Communities
5300 Main Street #5
Cedar Falls, IA 50613
bhaugen@cfu.net
319-266-2269

Editor's Note

Send your news to me for the October POSTEN by October 1st. Please note the change in address above. We will be officially moving on Sept. 10th. Our email and phone numbers will stay the same.

Thanks to everyone who signed up to assist with sponsoring our Viking Ship! See the minutes of the August 10th Business meeting for an explanation of the increase in meal costs.

You can still send your stories and adventures to me for publication in the POSTEN! It's been fun hearing from you during the past "year".

Solglimt POSTEN
Gloria Tehven, Editor
1103 Bach Drive
Waverly IA 50677

