

**Solglimt Posten**  
**Volume XLVI, No. 7**  
**Oct. 2021**

Go to [www.solglimt.org](http://www.solglimt.org)



The mission of the Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic Countries, and to provide quality insurance and financial products to its members.

**Lodge Meeting**

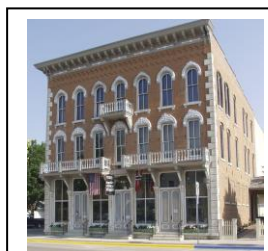
Tuesday, October 26, 2021  
Cedar Falls Woman's Club  
3<sup>rd</sup> and Clay Street, Cedar Falls, Iowa  
6:30 pm: Dinner. Cost: \$14.98

**Menu**

Asian Stir Fry (chicken), broccoli, bell pepper, carrots and onions in a special sauce on top of rice pilaf, dinner roll and butter, fruit salad, pumpkin bar

**Program**

**Ten Things to know about Nordic Fest  
And Vesterheim**



Presenters: Martha Griesheimer and Dawn Svenson-Holland. Learn about the history of one of Iowa's premier ethnic festivals. Decorah's Nordic Fest has a tradition that has endured for over a half century. The 54<sup>th</sup> annual Nordic Fest took place in July of this year. The presentation will cover how Nordic Fest rebounded after being cancelled in 2020 due to the pandemic.

**Reservations by Tuesday, October 19<sup>th</sup>.** Cancellations by Thursday, October 21<sup>st</sup>. If your caller misses you, or if you are not a member and would like to attend, please call **Karolyn Haugebak, 319-277-2294**. Also call **Karolyn** for cancellations. Remember, if you reserve and do not attend, you will be asked to pay for your meal.

Our Viking Ship sponsors for October are **Jon and Gloria Tehven, Harold and Kathy Schuhmacher**. Please send \$35 to our treasurer **Jim Miller**, 1727 Four Winds Drive, Cedar Falls IA 50613. The sponsors for November are **Dave and Karolyn Haugebak, Mike and Betty Butler**.

***Fra Presidenten***

Fall Greetings! Wasn't it great to meet once again at the Cedar Falls Woman's Club! (Yes, the name is in singular form.)



Our September Lodge meeting was significant after a prolonged absence. Friendships were renewed and table conversations were sprinkled with personal and family experiences.

**Don Meyer's** presentation on Scandinavian architecture was visually appealing and intellectually stimulation. (Thank you, **Don!**)

**Jon Tehven** reminded us of our commitment to the Sons of Norway Foundation and the benefits and support it provides to lodges, individuals, and organizations. The foundation's fall fundraising theme is "Together We Are the Future", and we are strongly encouraged and challenged to give generously. Together we **can** make a difference.

Looking forward to seeing you at our October 26<sup>th</sup> gathering!

**Clare Palmer, President**

**Solglimt Lodge Executive Committee  
September 14, 2020**

Present: **Clare Palmer, Linda Benson, Beebes Downing, Jon Tehven.**

Minutes of the August Executive Committee meeting were approved as printed. Treasurer's report was approved as printed.

Membership: **Jon Tehven** reported that we now have 86 members. Hopefully we can have a membership event in October or early November.

September 28<sup>th</sup> Lodge program is Lodge member **Don Meyer** exploring Scandinavian Architecture. NOTE: the Woman's Club requests that we wear masks.

2022 Nominating Committee: **Linda Benson** has agreed to be on the committee and two others will be contacted by **Clare** and **Jon**. All candidates will receive a job description for the position.

**Clare** suggested we continue contacting members and including information about them in the POSTEN. **Linda** will ask her son about having *Solglimt* Lodge t-shirts made. There is a company in Cedar Falls that can do this. **Dave Haugebak** has done the 'road pick-up.' Thanks, **Dave!**

Volunteering at the Food Bank was again discussed. **Jon** will get more information for the next Executive Committee meeting.

We will have a Memorial Service at our January 2022 Lodge meeting. A memorial for **Arlene Reinertsen** has been sent to the Sons of Norway Foundation.

At our October Lodge meeting we will review the *Solglimt* Lodge Bylaws. Our Bylaws were last reviewed in 2004.

Programs for the rest of 2021 were discussed by **Beebes Downing**. 2022 programs were then discussed by the committee, with several ideas.

Respectfully submitted,  
**Jon Tehven, Secretary Pro Tem**

**A Little Humor**

Ole had some sage advice for Sven. "If duh vife wants to learn to drive, don't stand in duh vay!"

**October 9 – Leif Erikson Day**

This day was set aside by the U.S. Congress in 1964 to recognize the first European to visit and explore the mainland of North America. Leif was the son of Erik the Red, founder of the Norwegian settlements in Greenland. He was born in Iceland and grew to manhood in Greenland.



In the late 990's A.D. he sailed to Norway where, under the influence of King Olaf I he was converted to Christianity and sent by the King to bring the Gospel to the Norse settlers in Greenland. He served several years as a witness to the Christian religion and was responsible for the conversion of many in Greenland.

In around A.D. 1000 Leif decided to explore the land which Norse sailors had reported to the west of Greenland. He and his crew sighted land, explored the coast and established a settlement in what today is Newfoundland. The remains of the Norse settlement, believed to be Leif's, has been discovered and documented by archaeologists in northeast Newfoundland. Thus, this is the oldest European settlement in America and predates Columbus by nearly 500 years.

Leif named the land he had discovered, "Vinland the Good", because he had found an abundance of wild grapes and beautiful forests.

On October 9<sup>th</sup> we remember Leif Erikson and an important chapter in our history.

**Book Club**



The *Solglimt* Book Club will be meeting at noon on Monday, October 18<sup>th</sup> at New Aldaya in Cedar Falls. The members buy simple lunch at the New Aldaya café and then discuss the book. The book for October is [A Song for Joy](#) by Lauraine Snelling.

## Solglimt Lodge Meeting, September 28, 2020

Twenty-Seven members and two guests attended the September 28<sup>th</sup> meeting at the Cedar Falls Woman's Club.

**President Clare Palmer** called the meeting to order and **Duane Lindberg** led the singing of the anthems, the Pledge of Allegiance, and the table prayer. **Kathy Schuhmacher** was the pianist.

After dinner, **Duane Lindberg** entertained us with several Norske jokes.



**Cultural Director Lori Devries** introduced our speaker, **Don Meyer**.

**Don** shared with us the history of Norwegian Stave Churches and how the Stave Church architecture influenced church construction in America, especially the Midwest. He also shared the contributions of modern Nordic architects.



Sunshine report by **Beverly Haugen**: **Bob Peterson** has been at Mayo Clinic for treatments, **Dottie Haugebak** has a fractured hip, **Joan Meany's** mother passed away.



Guests were introduced: Samantha Glaspie and Austin Kelderman.

**Foundation Director Jon Tehven** shared information about the SofN Foundation.



October is Foundation Month and he encouraged our members to donate to the "Together We Are The Future" fundraising campaign. **President Clare** commented that the Norwegian immigrants contributed to a 'common pot' to help others in financial need.

**Kathy Schuhmacher** reminded members to pick up the recipe for *Sukkerbrod* (sponge cake). She had brought this to our August picnic, and several folks had asked for the recipe.

**Jon Tehven** was the winner of the drawing for a free meal.

**POSTEN Editor Gloria Tehven** reminded our members that news articles are due by the end of the week for the October POSTEN.

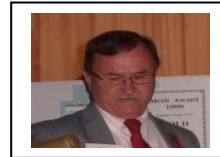
Our next Lodge meeting is October 26<sup>th</sup>.

The meeting adjourned around 8:45 pm.

Respectfully submitted,

**Jon Tehven, Secretary Pro Tem**

## Lodge Member News



The Waverly-Shell Rock Community School Foundation has announced that **Don Meyer** will be its new executive director starting in October.

**Keith Jorgensen** sends greetings from Greece!!



## Solglimt Lodge Bylaws

SON has requested that all lodges update their bylaws. Solglimt Lodge's bylaws were last updated in December 2004. All Solglimt Lodge members will be receiving a packet of information prior to the October lodge meeting that includes:

- A letter of explanation/procedure
- Procedure for submitting local lodge bylaws for approval
- Suggested 2021 local lodge bylaws template
- Dec. 2004 Solglimt Lodge bylaws
- Solglimt Lodge Policies, dated Dec. 1994. This is being updated by the Executive Committee and is not part of the bylaws.

## Wishing You A Happy Birthday

October 4 Diane Hamer  
4 Betty Jo Lindberg  
7 Robert Heaton  
10 John Sundet  
11 Marcia Klinefelter  
29 Percy Slattenow

## Kalender

- Oct. 9: Leif Erikson Day
- Oct. 12: Lodge Business Meeting
- Oct. 26: Lodge Meeting  
Ten things to know about Nordic  
Fest and Vesterheim
- Nov. 9: Lodge Business Meeting
- Nov. 16: Lodge Meeting—a week  
early because of Thanksgiving

### Treasurer's Report Jim Miller

1. Checking/Savings Accounts	
Balance on 9/1/2021.....	\$7083.94
Receipts.....	(+)872.00
Interest.....	(+) 18.96
Sub Total.....	\$7974.90
Disbursements.....	(-)676.02
Balance on 9/30/2021.....	\$7298.88
2. Certificates of Deposit	
4 \$1000 Certificates....	\$4000.00
3. Savings Bonds (none)	
4. Cash on Hand.....	\$50.00
Total Assets 9/30/2021..	\$11348.88

**Editor's Notes:** Please send your reports, notes, jokes, and/or stories for the November newsletter to me by November 1. Also, be aware that our November meeting is one week earlier in November because of Thanksgiving. We'll be having a silent auction, so bring items to sell and be prepared to do some early Christmas shopping!

Hiding somewhere at our new residence is the *Lefse* catechism. Hopefully, I'll find it!

### A Little Sunshine

If you know of anyone who could use a little sunshine, contact:

**Beverly Haugen**  
Western Home Communities  
5300 Main Street #5  
Cedar Falls IA 50613  
[bhaugen@cfu.net](mailto:bhaugen@cfu.net)  
319-266-2269

**Solglimt POSTEN**  
Gloria Tehven, Editor  
1103 Bach Drive  
Waverly, IA 50677

## October is Foundation Month at Sons of Norway

Please join us as we celebrate and support the benefits that the Sons of Norway Foundation provides to our members. Annually, the Foundation provides over \$35,000 in grants to lodges and partners that advance our core values and over \$110,000 in scholarships to members, their children, and their grandchildren. We would not be able to provide this assistance without you!

Applications for Scholarships open on October 1. Go to the Sons of Norway website, under Foundation.

Donating to the Foundation is an opportunity to incorporate your passion for the Sons of Norway into your charitable giving plans. This year with our "Together We Are The Future" fundraising campaign, our goal is to raise \$150,000 to support our grants and scholarship. Visit <https://www.sofn.com/give2021/> to learn more and donate!

Through the generosity of Sons of Norway's leadership, the first \$50,000 in donations between now and the end of the year will be matched. So, during the rest of 2021 the goal is to raise another \$100,000. (Donations from IRA's are accepted until Jan 15, 2022)

The impact of your donations is what is most important:

- Scholarship recipients not only have their financial burdens eased, but they also enjoy life changing experiences in Norway and around the world;
- Members who receive grants from the Humanitarian Fund receive critical support following natural disasters. Now, in 2021, a new grant assists members dealing with financial hardship due to extreme illness or injury; and
- Grant recipients are able to share their culture and heritage through engaging events and programs and, in turn, recruit new members and create friends and community recognition.

Remember, "Together We Are The Future."



