

**Solglimt Posten**  
**Volume XLV, No. 5**

**May, 2020**



The mission of the Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic Countries, and to provide quality insurance and financial products to its members.

**Lodge Meeting**

Tuesday, May 26, 2020  
Cancelled

**Menu**

You'll have to make your own  
*Lutefisk, Lefse, Rommegrot, Sweet Soup, and  
Norsk Pastries*

**Planned Program**

**"History of Nordic Fest:  
Ten Things to Know about Nordic Fest"**

Since we won't be able have the program, make plans to attend this year's Nordic Fest in Decorah on July 24, 25, and 26<sup>th</sup>. (Assuming it will still be held-----????)

You won't need to make reservations, but you can call **Karolyn Haugebak, 277-2294** and tell her you are not coming—and have a chat with her!!!

Our Viking Ship sponsors for May are **David and Clare Palmer**. Send your \$34 to treasurer **Jim Miller, 1727 Four Winds Drive, Cedar Falls IA 50613**. Our sponsor list needs to be refilled. Since we're not having a meeting in May, **Jon and Gloria Tehven** will take care of June. If you would like to sponsor our ship in July or August—please contact **Gloria**. Thanks! Hopefully, we can have a meeting in August and have a volunteer sign-up for September-May of next year.



**Fra Presidenten**

Greetings!

Another month has gone by and we can honestly admit that the days seem the same and we aren't experiencing much excitement in our lives.



But **spring has arrived** and even though we are advised to stay at home, we can still enjoy the beauty of the season in our outdoor activities. Aren't the flowers beautiful!

We don't want to dwell on our losses: the deaths of two loyal members (**Margaret McCombs** and **Bev Rustad**) and three potentially great meetings (March, April and May). WE will miss the company of friends and informative, historical and delightful programs. Some of the programs can be rescheduled and I am hoping you will preserve your memories of our Lodge in writing and possibly share them with **Gloria Tehven**, our **Solglimt POSTEN** editor.



On the positive side, we have a reason to rejoice! **Our Lodge responded generously to the request for funds for the Northeast Iowa Food Bank with a donation of \$857.** Many thanks to the members who contributed and to **Treasurer Jim Miller** and **Vice President Jon Tehven** for their work on this project. *Solglimt* Lodge is continuing Sons of Norway's tradition of mutual support.

I was informed by the SofN Cultural Director that there are many examples of ways our society helps its lodges, members and communities in its 125-year history.

*(Fra Presidenten continues on the next page.)*

(*Fra Presidenten*, continued)

Sons of Norway donated three ambulances to the American Red Cross during World War I. During World War II Sons of Norway founded a relief fund to help Norwegians during the German occupation of their country. Assistance was also provided to help fight tuberculosis through Tubfrim and in recent years aid has been given to children with disabilities.

Sons of Norway established a Humanitarian Fund in 1997 to assist members affected by flooding in North Dakota. At this time over \$500,000 has been provided to members in need. Members also serve their communities through volunteer hours.

We can be proud of Sons of Norway's history of support and benevolence!

**Clare Palmer, President**

### Lodge Member News

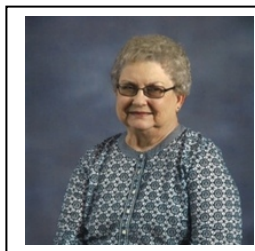
#### *Til Minne*

Our condolences are extended to the families and friends of *Solglimt* members **Beverly Rustad** and **Margaret McCombs**.

**Beverly Rustad**, 86, died April 4 at Unity Point-Allen Hospital in Waterloo. **Bev** was among the Charter members when the Lodge was established in 1975.



**Margaret McCombs**, 81, died at her home in Cedar Falls on April 11. She joined the Lodge in 2015 after moving to Cedar Falls from Emmetsburg to be near family.



Due to pandemic restrictions in place, no public visitations of services have been scheduled.

### Congratulations!

**Bill Hanson** has received recognition as a Golden Member of Sons of Norway! He has been a member since May, 1986!

### Messages from Members

From **Pam Flanders**—May 1

This has been a huge adjustment from “going” constantly to being home constantly. We even order our groceries and pick them up weekly.



My husband and I have been working in our flower and vegetable garden. We are experimenting with using straw bales to plant in – We daily condition the bales with fertilizer and watering to prepare them for the planting, which will take place in about 10 days. This has been fun and we are looking forward to how it all works out.

I have been making seed “tapes, using two-ply paper towels. I separate the sheets and make a paste of flour and water and dots across the paper where I want to place the seeds: spinach, kale, carrots, radishes and lettuce. I'll add zinnia's. You simply lay the top sheet on the sheet layered with seeds and let these dry. When ready to plant, place on top of the soil and simply put soil on top of the sheet and water it.

So far this looks like it is going to work great – It spreads the seeds consistently across the area will little need to thin plants later.

We have had the opportunity to spend time outside with these activities, walking daily and caring for my Mother. A blessing in many ways!!! I have Kearney to zoom, google duo and messenger chat with friends!! Stay safe, everyone!!

From **Duane and Mardell Lindberg**—May 2

We're minding the pandemic restrictions and are in daily prayer for family, friends, farmers and country.



We miss meeting with our church and Lodge friends. However, we are learning how to make “lemonade out of lemons”.

We are enjoying looking at old family photos and attempting to decide the destiny of “stull” we've saved over the past 65 years.

## Messages from Members

From **Keith Jorgensen**—some HUMOR!!

2020 is a leap year, February had 29 days, March had about 500 days, and April had about 5 years. The length of May hasn't been determined yet.

*Nail salons closed, hair salons closed, tanning salons closed, waxing salons closed...it's bout to get ugly out there! Stay safe!*



I don't think anyone expected that when we changed the clocks the first weekend in March that we would go from Standard Time to the Twilight Zone!

*I'm giving up drinking for a month. Ufta! Bad punctuation—I'm giving up. Drinking for a month.*

Lena called the governor of Minnesota and asked, "How long is this social distancing supposed to last? Ole keeps trying to get into the house!"

**(Ed. Note:** Keith sent a lot of jokes. Watch for the June POSTEN to read more!!!! Not all of them are Norwegian jokes, but they are appropriate for these Times: They come from the Manilla, Iowa Times. Manilla, Iowa is **Keith's** hometown.)

From **Jim Miller**

I am doing well. **Vivian** had the flu at the end of last week which left her weak and somewhat confused so they plan to see a doctor this week—(May 4--).



**Jon and Gloria Tehven** are keeping busy, taking a long walk every day (when not raining), cleaning the garage, re-reading a lot of classics, and doing newsletters, and puzzles,

Mon - Sat at 4:30 they tune into St. Paul's Luth Church for a 'streamed' service and Sun at 9:00. Interested? [www.stpaulswaverly.org](http://www.stpaulswaverly.org)



*Solglimt* officers: **Clare Palmer, Jon Tehven, Eunice Becker** and **Jim Miller** contacted several members each. Following is information they learned from several of their calls..

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**Percy and Linda Slattenow** are doing fine, camping out at home.



**Helen Rostad** goes to the Post Office to pick up mail for herself and others and to Kwik Star for groceries.

**Carol Schultz** is doing fine, but no longer making *lefse*. **UFFDA!**



**Bill Hanson** continues his USPS mail deliveries, thankful he still has a job.

**Bev Haugen** is coping well at her Western Home residence. She misses contact with other residents as they are basically confined to their rooms due to social distancing.



**Eloise Nelson** is doing well and keeps busy sewing masks.

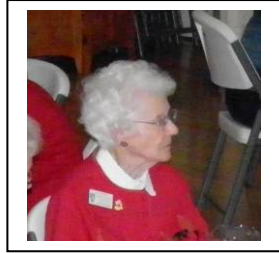
**Lis Konig** keeps active by walking and is coping well.



**Jan Olson** is doing well now. She had some heart procedures done in December, 2019. She is 100% better now! Her landlord made masks for everyone, so she uses it when she goes out. She is feeling healthy and strong.



**Lois Osness** has children taking care of her basic needs but misses getting out, including our meetings. She was very saddened by **Bev Rustad's** passing, she had been a longtime friend. She has two daughters in the area and a son in Ames, so she is well attended to.



**Hovey Brom**, a retired architect, is "holding up okay" but feels like he's in jail. However, **Hovey** said he is fortunate because he has his meals and other things brought to him. He works from his apartment 2-3 hours per day monitoring about 60 emails daily for his firm. Reading stimulates his mind as he watches only a minimal amount of television.



**Lorie DeVries**, a former farm girl, enjoys working outside planting and tending to flowers and vegetables. She plans to fill a new raised garden bed with tomatoes, green beans and other favorite veggies. If you have suggestions or advice, she'd love to hear from you.



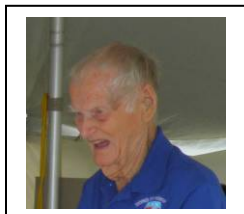
**Audrey Fimreite** – All of this stay-at-home time has enabled **Audrey** to do some housework she hasn't done in years! She has been working in her yard and is trying to find the most effective method of getting rid of moles. (She's had

Sorry, no picture



three different methods in mind.) Any suggestions? **Audrey** is also connecting with family and friends.

**Howard Braden** - **Howard** has difficulty hearing, so **Clare**, who called him, talked to one of the staff. **Howard** is a resident at Windhaven and is doing okay. He spends his time moving about with his walker and watching television. He enjoys playing bingo and eating his



favorite snack – a peanut butter sandwich with a glass of chocolate milk.

**Leslie and Arlene Reinertson** - They are staying in but desire to get out again. They have family in town that keeps them well supplied. Les has started a garden which



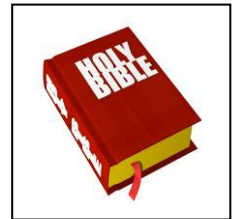
helps making good use of some of their time. They miss our meeting and hope vaccine is developed soon so life can get to the new normal. Les appreciated the call.

**Jim Miller** tells us a story. . . .

It seems Ole had a brother Par who died at a young age, leaving a wife, Hanna, and a child.

Ole remembered reading in the bible how a brother should take the wife of a brother who died as his own wife so that is what he did.

All was going well when another neighbor died and no one to take the wife so Ole also took his Wife Mable as his wife. There was a problem, Ole had not yet applied for his citizenship and with three wives he would not be given citizenship!! Certainly Ole would not lie about this.



Ole was also very civic minded. One day on his way home from town he noticed that the cemetery was becoming overgrown with tall grass and some weeds. A few days later he asked Hanna and Mable if they would clean up the cemetery while He and Lena went into town. They agreed,

When they got into town Ole drove to the court house. He and Lena went into the citizenship office to apply for their citizenship. The lady asked Ole if Lena was his only wife. Ole said no, he had two other wives. The lady asked where they were. Ole responded – they are in the graveyard.

With a stamp, stamp with the signature ink stamp, Ole and Lena became Citizens of the USA. And he had not lied . . . exactly.

**Solglimt Officers and Contacts**

**2020**

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 Sunshine Chr. Beverly Haugen  
 266-2269 [bhaugen@cfu.net](mailto:bhaugen@cfu.net)

**Treasurer's Report  
 3/1/2020 – 4/30/2020  
 Jim Miller**

1. Checking/Savings Accounts  
 Balance on 3/1/2020.....\$4057.05  
 Receipts.....(+) 357.20  
 Interest..... (+) 24.11  
 Sub Total.....\$4438.36  
 Disbursements.....(-) 137.96  
 Balance on 4/30/2020.....\$4300.40

2. Certificates of Deposit  
 4 \$1000 Certificates....\$4000.00

3. Savings Bonds (none)

4. Cash on Hand.....\$50.00

Total Assets 4/30/2020..\$8350.40

**Sons of Norway Benefits**

To learn more about the many financial benefits offered by Sons of Norway, contact our Benefit Counselor:

Scott Johanssen FIC  
 Riverland Insurance Group  
 1970 Spruce Hills Drive  
 Bettendorf IA 52722  
 Phone: 563-503-5400  
 Cell: 563-343-5257  
[sjohanssen@riverlandinsurance.com](mailto:sjohanssen@riverlandinsurance.com)

**A Little Sunshine**



If you know of anyone who could use a little Sunshine, contact:

**Beverly Haugen**  
 Western Homes Communities  
 5300 Main Street #45  
 Cedar Falls IA 50613  
[bhaugen@cfu.net](mailto:bhaugen@cfu.net)  
 319-266-2269

**Book Club**

If you have any questions about the *Solglimt* Book Club, contact



**Dottie Roiseland**  
 319-352-3761  
[roisdot@gmail.com](mailto:roisdot@gmail.com)

**Editor's Note:** Good day, everyone! This POSTEN is later because I was waiting for news about Sturgis Falls and other things. I assume most of you know that our May meeting is cancelled. We all miss seeing our *Solglimt* friends. Please continue to sent your news about "coping" with the coronavirus pandemic, your Norwegian story and/or some humor which will be put in the June POSTEN!

Anyone who contributes news to me will get their name put in the drawing for a rosemaled item. The drawing will be at our August meeting.



**Remembering**



2013



2011

## **Kalender**

- May 10: Mother's Day
- May 17: *Syttende Mai*
- May 25: Memorial Day
- May 26: Lodge meeting  
(cancelled)
- June 2: Lodge business  
Meeting (maybe)
- June 26-28: Sturgis Falls  
(Cancelled)
- August 29-30 Sturgis Falls  
(We Hope)

## **STURGIS FALLS DAYS POSTPONED**



Sturgis Falls for June is cancelled. A tentative event is scheduled for Aug. 29-30, to be called Gateway 2020.

**Solglimt POSTEN**  
**Gloria Tehven, Editor**  
**1507 Hickory Height Drive**  
**Waverly IA 50677**

## ***Syttende Mai*** **The 17<sup>th</sup> of May**

*Syttende Mai* has a similar significance in Norway as July 4<sup>th</sup> has in the United States. It marks the country's declaration of independence and the triumph of constitutional government. This day is also called Constitution Day and National Day and is a great spring festival in Norway.

During the Napoleonic wars, the Swedes were allied with Great Britain and defeated Denmark, who was ruling Norway at that time. Then, Denmark gave Norway to Sweden. However, the Norwegians did not recognize this and met and drew up a constitution for an independent Norway. That constitution was adopted on May 17, 1814, but Sweden refused it and defeated the Norwegian troops. Norway was forced to accept the king of Sweden as their ruler.

But, after nearly 100 years of Swedish rule and wars between Norway and Sweden near the end of that time, all but 184 out of 368,392 voters in Norway voted for independence in 1905, and it was granted.

Norway's independence is much more recent than America's, but observance of *Syttende Mai* is still a very important occasion in Norway. They have lots of parades and celebrations all during that day with every participating, especially school children with their bands and banner.

(Adapted from an article written by Ruell Solberg, Jr. in 2002)

