

Solglimt Posten
Volume XLV, No. 8
August, 2020

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The mission of the Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic Countries, and to provide quality insurance and financial products to its members.

Lodge Meeting
No Meeting this Month

You'll have to have your own pot luck meal—maybe you can invite one or two other members to join you at home—but remember to do proper distancing!!!

Our Viking Ship sponsor for August is **Lisbeth Konig**. (Editor's note: I think she has already sent her \$35 sponsorship donation to treasurer **Jim Miller, 1727 Four Winds Drive, Cedar Falls IA 50613.**)



Now we need sponsors for the next several months. Since we aren't meeting in August, if you can be a sponsor, please contact me, **Gloria Tehven**: email, snail mail, or telephone and tell me what month, (September-December) that you can do this good deed.

If too many volunteer for the same month, I'll accept the first one, and contact the others and offer them a different month! Hopefully it won't be too complicated! Our ship is sad that it wasn't able to be in a parade in June---

Fra Presidenten

Greetings!

Here we go again—another change in scheduled events due to the Coronavirus crisis! The executive board decided to cancel the August 25th Lodge picnic and will be determining at a later date whether or not we will meet in September. The officers' main concern is the safety

and welfare of our members.



During this time of uncertainty and inactivity, we have time to reflect on our current situation and plan accordingly. For the last six months I have become increasingly aware of how fortunate we are as members of *Solglimt* Lodge to have skilled, efficient and committed people to lead us.

Jon and **Gloria Tehven** work tirelessly to advise us and promote communications through the publication of the *POSTEN* and the *Yearbook*. **Keith Jorgensen** has served as our Lodge president six times and is currently District Director of Zone 7. **Eunice Becker**, our efficient secretary, has served the lodge in this position for eighteen years. **Jim Miller**, who has served as treasurer for seven years, is deeply involved in maintaining financial records and budget planning.



There are others who have served us in other ways and we are grateful for the support you all give! This in between time has allowed us to get to know each other better, thanks to the interviews of members and their information in the *POSTEN*. Let us encourage and support each other and express our that for what we have!

With warm regards, **Clare Palmer, President**

Secretary's Notes, July 21st, Business Meeting

Solglimt's monthly business meeting was called to order by **President Clare Palmer** on Tuesday, July 21, at New Aldaya in Cedar Falls. Attending were **Jon Tehven, Beeb's Downing, Jim Miller** and **Eunice Becker**.

The Secretary's Minutes of the June meeting were approved as written (**Jon/Jim**)

Treasurer Jim Miller

reported a balance of \$4,437.27 in the Lodge operating account with receipts of \$248.40 and disbursements of \$52.51. **Jim** also shared thank you letters from the District One Scholarship Trust Fund for Lodge donations in memory of **Bev Rustad** and **Margaret McCombs**; and, from the North East Iowa Food Bank for member donations of cash and food items to that organization. In addition, the Sons of Norway Foundation sent acknowledgements for donations made by members in memory of **Dorothy Sundet**.



Clare thanked those present for their attendance and for the continued efforts on behalf of the Lodge.

Jon reported on Lodge membership activities.

The deadline for reports and news items for the next issue of the POSTEN is August 1.

Following discussion, it was moved and seconded (**Eunice/Jon**) that, due to COVID-19 and health concerns, this year's August picnic at the Beach House in Cedar Falls be canceled. Motion carried. And until contact with the Cedar Falls Woman's Club is reestablished, plans for future meetings there remain on hold. **Social Director Beeb's Downing** will notify scheduled program presenters when it is known the CFWC will reopen for group gatherings.

Connecting with members via phone has been well received and will continue with responses shared in the newsletter.

Keith Jorgensen sent word that he had assembled a threesome (himself, **Dottie Roiseland** and **Jim Miller**) to participate in Valley Lutherans' annual golf outing/fundraiser in Waverly.

Work continues on the revision of Lodge Policies and Procedures and By-Laws.

It was the consensus of those present to accept the District One offer of \$500 to each Lodge in the District "to be used to strengthen their Lodge during the pandemic." Several suggestions were made as to how these funds could be used. **Clare** will make the necessary arrangements for requesting this offer.

Discussion also followed on the use of the memorial donation from the family of **Dorothy Sundet**. **Clare** and **Jon** will follow up on suggestions.

In conclusion, **Beeb's Downing** was presented with an Award Certificate for Member Recruitment.



As there was no further business, meeting adjourned.

Respectfully submitted,

Eunice Becker, Secretary



Lodge Member News



A graveside service for **Beverly Rustad** was held on Wednesday, August 5 at Sunset Rest Cemetery in Northwood. **Bev** passed away on April 4, 2020.

Congratulations to **Bill Hanson**. He has received recognition as a Golden Member of Sons of Norway.



Messages from Members

From Mike and Betty Butler:

Betty is recovering from knee replacement surgery in July. She's "doing OK" and her progress is "right on track". She spends her time reading and sorting through old photos, scanning them digitally and organizing the photos into books. **Betty** also enjoys caring for her perennials outdoors and **Mike** is busy with yard work. They enjoyed their get-togethers with their grandchildren in April and May.

Could not believe I could not find a picture of the Butlers!

From Lori DeVries:

Lori and her husband are still involved in resolving their neighborhood sewage problem. The forty families have secured a lawyer. **Lori** is a social worker at Permanent Planning Inc. (affiliated with EPI), working as a guardian for people with intellectual disabilities—helping to secure funding and services for their 37 clients. She is a Program Coordinator for permanent planning.



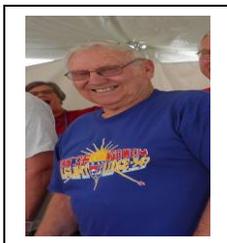
From Dorothy Frank:



Dorothy is "doing fine," although she had to give up volunteering for different organizations. She enjoys working in her garden and takes pride in her tomatoes and peppers. **Dorothy** spent a month in Arizona in March and was able to get home without problems. She now enjoys going to church and is waiting to get back to the library. She hopes everyone in the Lodge is well and wearing face masks.

From Steve Mauer:

Steve was a substation electrician foreman whose main job was to "keep everyone alive." Unfortunately, his work involved being close to asbestos and working with solvents which have affected his health. He suffers from COPD and is on oxygen, limiting his activities.



He is trying to do his best with help from his family and VA (pulmonary rehabilitation.) Although he spends most of his time in a chair, he enjoys reading (exp. books about automobiles), looking out his window, and working Sudoku puzzles.

Dave Palmer's Norwegian story:



Dave's grandmother, Dorothea, was born in Norway on August 11, 1879, one of the eleven children of Syva and Amund Amundson.

She came to the U.S. with four of her brothers in 1898 and lived with relatives for a while near Kanawha, IA. (The boys took the name of Kvestad—the district in Norway where they were born.) Dorothea married James Henry Palmer (**Dave's** grandfather) on June 8, 1902. They and their seven children lived near Algona, Iowa. **Dave** remembers his grandmother's stories of her life in Norway—herding the cows as a young girl from feeding grounds in the hills to those in the valleys (and vice versa) and having to go to school by boat across a fiord.

From Helen Rostad:

Helen sends greetings to her *Solglimt* friends and looks forward to seeing everyone at a Lodge meeting sometime soon---



From Robin Voster:

Robin is spending time, among many things, gathering her parents' wedding pictures in a scrapbook. Her father passed away in March.



Besides the pictures, she is working with the Northern Iowa Mask Makers, making masks, gardening, and planning activities with her son Eric.



From Phil and Marilyn Froiland:

The **Froilands** live at the York Cooperative in Edina, MN. They are doing well and no one of the 430 residents at the Co-op has had the virus. Although only care givers are allowed in the building, they were able to have a family dinner in the courtyard.



Their daughter does grocery shopping for them or they can order meals from the Co-op kitchen. **Phil** is now their chief chef. They are happy to live in Minnesota!

From Dottie Haugebak:

Dottie doesn't go out, but has friends and family join her on her patio. On Monday, Aug. 3, a friend brought a salad lunch! At her home, she is happy to have everything on one floor. Earlier this spring she spent two weeks in the hospital with a heart condition and has an appointment at the Mayo Clinic for further testing. In June **Dottie** was featured in the Courier as a community leader—one of the 'Eight Over Eighty'. Hopefully there will be a recognition lunch later this fall.



"The Sons of Norway are quite a crew," **Dottie** says. She fondly remembers *Solglimt* Lodge's first business meeting at UNI where her husband, **Marv**, was installed as Counselor. *Kong Sverre* Lodge singers from Story City provided entertainment. **Marv** served as *Solglimt's* president in 1984. **Dottie** says, "Lots of great memories."

From ??



Viking for Kids

If you have a computer, you probably got a notice about this magazine for kids.

As part of Sons of Norway's 125th anniversary celebration, they have launched the Viking for Kids. It is available for download on sonsofnorway.com.



Viking for Kids will be a quarterly digital publication that will include Scandinavian-inspired articles, quizzes, coloring pages and more!

I (Gloria) downloaded the first copy, and really liked it. Even if you don't have youngsters to share it with, you will enjoy reading the articles—and even coloring the picture that's available! Just because it says it's for kids, doesn't mean that we "older" folks can't enjoy it--and it's free!!

Viking Children (from the internet)

Viking children helped at home with cooking, weaving, and spinning. Younger children worked in the fields and the workshops, helping with metalworking and woodworking. But Viking life wasn't all work and no play. In the summer, young Vikings swam and played ball, while in the winter they skated and played in the snow.

Viking parents named their children after a deceased relative, preferably a direct ancestor such as a grandparent or great-grandparent. Vikings venerated their ancestors.



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Remember When!



A Little Humor

(Don't know what kind of "school" Little Ole will be going to this fall, but here's some things that happened last year.)

Teacher: Let's see if you can get this one, Little Ole. What is the capital of Wisconsin?

Little Ole: W?

Ole: I hope you can go to college someday, Little Ole. I wanted to go, but vun little ting kept me from it.

Little Ole: Vat vas dat, Papa?

Ole: High School.

Little Ole: Mama, remember dat \$20 you'd giff me for passin' math?

Lena: Yah.

Little Ole: Vell, I jüst safed you \$20.

Little Ole: Papa, at da baseball playoffs today, I vas responsible for da vinnin' run!

Ole: Dat's vunderful! Vat did you do?

Little Ole: I dropped da ball.

(Source of information: [Ole and Lena, a Stud and a Hot Dish](#), by Bruce Danielson and Ann Berg

College Help for Kids

If you have children or grandchildren who want to go to college, but could use a little help, they can benefit from your membership in Sons of Norway.

[Sons of Norway Foundation Scholarships](#) offer a way to share Nordic heritage and values—like the joy of lifelong learning. These scholarships matter because they support

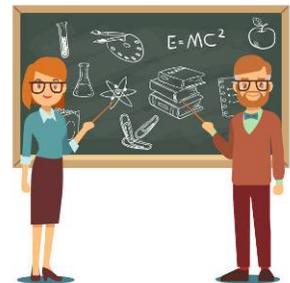
member families with vital financial aid. Plus, they build a more educated community AND create a brighter future for promising youth.

Thanks to generous donors, the Sons of Norway foundation gave over \$100,000 in awards in 2019 to help eligible scholars follow dreams. These awards include:

\$18,000 for American students to study in Norway.

\$82,000 for students to study in the USA and Canada.

If you have loved ones or friends who may benefit from Sons of Norway membership—especially those with children approaching college age—be sure to pass along this important information with your invitation to join our Lodge!



To learn more about the scholarships, check the Sons of Norway website or contact the *Solglimt* Lodge Foundation Director,

Jon Tehven.
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Kalender

Aug. 18: Lodge Business Meeting
Aug. 25: Lodge Meeting Canceled

September Meetings: ???

Editor's Note: You may remember that in January there was a POSTEN riddle, with the prize to be announced, and the winner to be awarded at our May meeting. Riddle contests continued in the February, March, and April POSTENS. Well, we didn't have a May meeting, then the opportunities for winning a prize changed.

In the May POSTEN it was announced that anyone who contributed news about "coping" with the virus, Norwegian family stories, or humor for the POSTEN would be entered in the contest, with the award being a rosemaled item, and the drawing for a winner at the August Meeting.

Well, guess what—no August Lodge meeting! However, we have had lots of people giving us news for the June, July, and August POSTENS!

So, there will be a drawing at the August Business Meeting!!! There will be FIVE winners! The first winner will receive a "large" rosemaled item, the other four will receive small items. The small items will probably be mailed to the winners, while the large item will be delivered in person—unless that person lives more than a hundred miles away!

Items for the September POSTEN should be sent by September 1st to:

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