

Solglimt Posten

Volume XLIV, No. 10
November, 2019



The mission of the Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic Countries, and to provide quality insurance and financial products to our members.

Lodge Meeting

Tuesday, November 19, 2019
Cedar Falls Woman's Club
3rd and Clay Street, Cedar Falls, Iowa

Silent Auction: 5:30 pm

Dinner: 6:30 pm Cost: \$12.00

Menu

Chicken Marsala
Green Bean Almandine
Roll/Butter Lemon Bar

Bring items for the Silent Auction, and be ready to shop for Christmas gifts, etc.!

Also bring items for the Food Bank.

Duane Lindberg
"The Mysterious
Disappearance of the
Norse Settlements
in Greenland"



Dr. Lindberg's program will focus on the mystery of the disappearance of the Norse colony in western Greenland. This colony was founded by Erik the Red @984 A. D. It thrived for 300 years; however, it mysteriously disappeared @1342. The report of an expedition sent by the King of Norway/Sweden in 1355 to find the lost colony helps to explain the mystery of the Kensington Rune Stone discovered near Alexandria, MN in 1897.

Reservations by Thursday, November 14th, cancellations by Saturday, Nov. 16th. If your caller misses you, or if you are not a member and would like to attend, please call **Chris Johnson, 483-5071**. Also call **Chris** for cancellations. If you reserve and don't attend, you're asked to pay.

Our Viking Ship Sponsor for November is **Bev Haugen**. Send your gift of \$35 to provide a home for the ship to **Treasurer, Jim Miller**. The sponsor for December is **Steve Norby**.

Fra Presidenten

Greetings all,

Fall seems to be rushing at us at full speed. Where are those special days that offer a little warmer weather to remind us of the past summer? It's getting a little late, but maybe we'll be blessed with a few of them yet. However, while it's cooling off outside, we are all enjoying the warmth of our monthly Lodge meetings. Our meeting numbers are holding steady so far this year. A *Tusen Takk* to each of you for marking your calendars and attending the Lodge meetings.

As reported at our Lodge meeting, your nominating committee is working hard to fill the open positions for 2020. Their task is a challenging one. As a Lodge, we are attempting to recruit individuals to fill some of our top positions, president being one of them. It's important and healthy for the lodge to have a change in leadership from time to time.

New faces bring new ideas and keep things fresh. So, should someone from the nominating committee approach you about an open position, please give it serious thought and then agree to share your talents with the Lodge and say "yes". We can only continue as a Lodge as long as we have willing volunteers.

(Fra Presidenten continues on the next page.)

(*Fra Presidenten*, continued)

We are working our way through some changes in our POSTEN printing routine. It has become necessary to locate a new printing source. But have faith, we will figure it out. Should you happen to know of someplace where we can print the POSTEN at a relative low cost, please let us know. It is understood there will, and rightly should be, some cost in the production. It is also a good time to switch to an electronic email version of the POSTEN if you have the ability to receive it as an email.

Looking forward, it is time to begin thinking about the bi-annual District One Convention coming in early June of 2020. Should you be interested in being a delegate, speak up. The Lodge will cover your expenses, lodging, some meals and registration. It will be held near Brainard MN at Cragan's Resort on Gull Lake.

Stay warm everyone! Mark your calendars for our November meeting with an earlier start time, due to the annual Silent Auction. Invite a friend to join you. Our own **Rev. Lindberg** will be offering a history lesson on some strange happenings in Greenland way back in 1342! How could you not want to hear more about that!?

Keith Jorgensen, President

Secretary's Notes, October 8, 2019 Business Meeting

President Keith Jorgensen called *Solglimt's* monthly business meeting to order on Tuesday, October 8, at his residence in Cedar Falls. Attending were **Gloria Tehven, Jon Tehven, Beebs Downing** and **Eunice Becker**.

The meeting began with a discussion on the printing and mailing of the POSTEN. The current printing facility is no longer available and other arrangements need to be made. Both **Keith** and **Jon** will explore other options and report back.

The Secretary's minutes of the previous meeting were approved as written (**Jon/Gloria**).

Treasurer Jim Miller reported via email a balance of \$5,564.05 in the Lodge operating account as of 9/30/19. Receipts for the month totaled \$772.40;

disbursements \$1,073.37. Treasurer's Report accepted (**Gloria/Beebs**).

Assistant Social Director Beebs Downing previewed the 2020 programs she and her **Co-director Lori Devries** have lined up. Ideas were discussed and suggestions made for filling the remaining open dates.

Newsletter Editor Gloria Tehven requested reports and news items for the next issue of the POSTEN by October 28.

Jon has emailed to the membership the dates and times of upcoming volunteer opportunities at the Food Bank.

The Nominating Committee, **Mike Butler, Pam Flanders** and **Karolyn Haugebak**, is completing a slate of officers to be presented to the Lodge at the October 22 Lodge meeting.

Arrangements are being finalized for the new member Recruitment Lunch on Saturday, October 26.

Plans for the October Foundation Month program on the 22nd are in readiness.

Delegates to next year's District 1 Convention in Brainerd, MN, and the observance of the 125th anniversary of the founding of Sons of Norway and the Lodge's 55th anniversary remain on the agenda.

Announcements:

Lodge Meeting – Oct. 22 – 6:30 pm
Business Meeting – Nov. 5 – 2 pm
Strategic Planning – Nov. 7 – 2 pm

As there was no further business, meeting adjourned.

Respectfully submitted,

Eunice Becker, Secretary

A Little Humor

Little Ole asked his grandfather, how old he was. *Mor Far* replied, "Vell, I'm not sure how old I am."

Little Ole advised, "Vell, yew haff to look in your undervare, *Mor Far*. Mine sess I'm 4-6."

Secretary's Notes, October 22, 2019 Lodge Meeting

Solglimt's monthly Lodge meeting was called to order by **President Keith Jorgensen** on Tuesday, October 22, at the Cedar Falls Woman's Club. The anthems, Pledge of Allegiance and table prayer were led by **Dr. Duane Lindberg**.

As dinner was being served, returning guests Marilyn Rasmussen and Joan Meany, both of Waterloo, and Samantha Glaspie, Cedar Falls, were again welcomed. UNI student Zoe Williams of Cedar Falls was also introduced and welcomed. Zoe is the daughter of **John Williams**.

Sunshine Lady Bev Haugen reported on her activities during the month.

As the focus of the meeting was Foundation Month, **Jon Tehven, Lodge Foundation Director**, gave an overview of the mission of the foundation and the many grants and scholarships it offers. Members were invited to make a donation to help provide further support.

Foundation Month Update

At our October meeting, \$961.00 was contributed to the Foundation, plus an additional contribution was sent to SofN Headquarters of \$150.00. So, our total so far is 1,111.00! *Tusen Takk* to everyone who donated.

Keith will be taking 2020 calendar orders again next month in time for Christmas delivery.

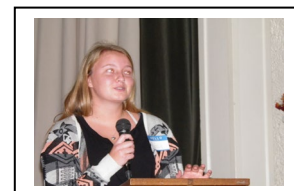
Following dinner, **Dr. Lindberg** led a Viking Talk session of useful greetings, responses and farewells in Norwegian.

Speaking for the Nominating Committee, **Pam Flanders** presented a roster of 2020 officers. **Jon** seconded the proposed list which was accepted by the members. (See list elsewhere in the POSTEN.)

Keith reminded members of the Recruitment Lunch to held Saturday, Oct. 26, at the Family Restaurant on Cedar Street in Cedar Falls. To make reservations, contact **Keith** for a free lunch for you and your guest.

As Zone 7 Director, **Keith** had attended a District 1 Zone directors' meeting in Brainerd, MN. site of next year's convention. Anyone wishing to represent the Lodge as a delegate should contact **Keith**.

Dottie Roiseland was presented with a certificate and pin for achieving Golden Member status in the Sons of Norway. This represents thirty continuous years of membership.



As **Lodge Foundation Director, Jon Tehven** introduced the evening's speaker Betsy Schweizer of Marble Rock, Iowa. Betsy, a student at Wartburg in Waverly, is the recipient of the Bent Anker Scholarship, the only four-year scholarship awarded by the Sons of Norway Foundation. She told of her selection for this honor, the application process, her studies at Wartburg and her future plans upon graduation.

Jon gave information on how to find Scholarship information on the Sons of Norway web site.

Carol Schultz reported on her weekend at Osborne Nature Center's Heritage Days in mid-October and had *lefse* for sale following the meeting.

Pam Flanders was the lucky winner of the drawing for a Lodge dinner.

Announcements:

Business Meeting – Nov. 5, 2pm
Strategic Planning – Nov. 7, 2 pm
Lodge Meeting/Silent Auction – Nov. 19, 5:30 pm

As there was no further business, meeting adjourned.

Respectfully submitted,
Eunice Becker, Secretary

Lodge Member News

Sunshine Lady Bev Haugen had reached out to a former member and current members who have been unable to attend meetings. Former member, Joyce Spande enjoys living in California near family where she works at a museum. **Marjorie Kohl** and **Bev Rustad** are recuperating after suffering falls. **Dorothy Sundet** and **Deloris Laube** reside at Bartels in Waverly.

Events in December

We are planning to participate in Waverly's downtown Christmas on Main. The event is scheduled for Thursday, December 12, from 6:00 to 8:00 pm. This year's theme is "Light Up the Night." We will have one of our Lodge Christmas trees set up in the lobby of the Correll, Sheerer Law Firm on East Bremer Ave. We will be handing out samples of *lefse* and *kringle*. Please call **Chris Johnson**, **319-483-5071** if you can bake some *kringle* for this event.



Our second Lodge tree will be displayed at the Wartburg College Festival of Trees. This event is held in the Classroom Center Atrium. The Festival runs from Wednesday, December 4th to Wednesday December 17th, and is free of charge.



Call **Chris** if you have any questions.

True Information about Thanksgiving (?)

Thanksgiving is approaching, and Little Ole wanted to learn more about it. So he asked Ole, "Dad, the first Thanksgiving – long time ago – were there pilgrims and Indians in Minnesota?"

Ole answered, "Actually, there were Indians and Norwegians in Minnesota. Instead of planting just any fish to help their corn grow, they used *lutefisk*. Well, the corn died. All the Indians had to eat was *lutefisk*. So, in the spring of the next year the Indians all moved to Iowa."

(Source of this important historical information came from [Lutefisk Buffet](#), by Ed Fischer.)

Sons of Norway Foundation



Here's some information about the Scholarships that are available to Members, and the children and grandchildren of SON members. Applications are now being accepted. For specific information and the amount of each scholarship go to:

www.sofn.com, click on **Foundation** and then on **Scholarships**.

The scholarship applications for international travel or Scandinavian studies in the United States must be received by **January 15, 2020**:

Douglas Warne – Rolf & Wenche Eng Scholarship

Helen Tronvold Adult Learner Scholarship

Helen Tronvold Norwegian Folk High School
Scholarship

Lund Fund Scholarship

Oslo International Summer School Scholarship

The scholarship applications for United States citizens studying in the United States must be received by **March 1, 2020**.

Astrid G. Cates Vocational Scholarship

Dan and Betty Rude Scholarship

King Olav V Norwegian – American Heritage
Scholarship

Myrtle Beinhauer Fund

Nancy Lorraine Jensen Memorial Scholarship Fund

Orel and Marie Winjum Memorial Scholarship

Additional:

Bernt Anker Scholarship (We may open this scholarship up for 2020 applications but need confirmation on that yet.)

Solglimt Officers and Contacts
Approved for 2020

President: Open

Vice-President: Open

Secretary: Eunice Becker
233-1316 beckerwoodwkg@aol.com

Treasurer: TBA

Membership: Strategic Planning
Committee

Counselor/Past President:
Keith Jorgensen
277-1537 kjorgensen@cfu.net

Social Directors: Beebs Downing
232-6360 Pud319300@yahoo.com
Lori Devries
277-1296 saydev@aol.com

Assistant Social Directors:
Linda Benson Pam Flanders

Cultural Directors: Linda Benson
235-9485
Pam Flanders, 319-939-1266
mpflanders@mchsi.com

Editor: Gloria Tehven
352-6094 gtehven@live.com

Marshal: Dave Haugebak

Greeters: Ron and Sharon Lance

Publicity Director: JoAn Headington

Historian: Eunice Becker

Musicians: Kathy Schuhmacher
Open

Sports/Youth: Open

Auditors: Mike Butler, David Palmer

There are still opportunities for members to serve! If you are interested, please contact **Pam Flanders** or **Mike Butler**, members of the nominating committee. And if they contact you, say "Yes!" (Ed. Note: **Karolyn Haugebak** is also on the committee, but she is currently out of town.)



Sons of Norway Benefits

To learn more about the many financial benefits offered by Sons of Norway, contact our Benefit Counselor:

Scott Johanssen, FIC
Riverland Insurance Group
1970 Spruce Hills Drive
Bettendorf IA 52722
Phone: 563-503-5400
Cell: 563-343-5157
sjohanssen@riverlandinsurance.com

Treasurer Jim Miller's Report
For period ending 10/31/2019

1. Checking/Savings Accounts

Balance on 10/1/'19.. \$5564.05
Receipts.....+ 577.40
Interest.....+ 0.00
Sub Total..... \$6141.45
Disbursements.....- 640.58
Balance on 10/31/'19..\$5500.87

2. Certificates of Deposit

4 \$1000 Certificates \$4000.00

3. Savings Bonds (none)

4. Cash on Hand.....\$50.00

Total financial assets

10/31/2019..... \$9550.87

A Little Sunshine



If you know of anyone who could use a little sunshine, contact:

Beverly Haugen

Western Home Communities
5300 Main Street #45
Cedar Falls IA 50613
bhaugen@cfu.net
319-266-2269

A POSTEN Reader's Contest

Here's the riddle for this month:

What are the two most important jobs that need to be filled for our Lodge next year?

Anyone who knows the answer to this riddle and contacts **Gloria Tehven** with the answer before November 30th will have their name entered in the drawing for a Nativity scene Rosemaled by your Editor. The drawing will take place at our December meeting.

(Note: only *Solglimt* members are eligible to win.)

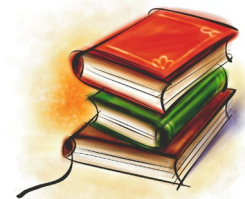
You can telephone, email, or snail mail the answer. Send your answer and any news or reports that you'd like to see in the December POSTEN to me by November 30th.

Gloria Tehven

1507 Hickory Heights Drive
Waverly IA 50677
319-352-6094
gtehven@live.com

Book Club

The *Solglimt* Book Club will meet on Monday, Nov. 18th at New Aldaya, 7411 University Ave. in Cedar Falls, with lunch at 12 pm and discussion at 1 pm. At "press" time, the title of the book for discussion was not available.



For more information, contact:

Clare Palmer, 266-8635
dandcpalmer@cfu.net

Kalendar

- Nov. 5: Lodge Business Meeting
- Nov. 7: Strategic Planning
- Nov. 18: Book Club
- Nov. 19: Lodge Meeting
Duane Lindberg
"The Mysterious Disappearance of
Norse Settlements in Greenland"
- Nov. 28: Happy Thanksgiving!
- Dec. 3: Lodge Business Meeting
- Dec. 4-17: Wartburg Festival
of Trees
- Dec. 12: Christmas on Main
- Dec. 17: Lodge Meeting
Bel Canto of Cedar Valley
- Dec. 25: Merry Christmas!



Solglimt POSTEN
Gloria Tehven, Editor
1507 Hickory Heights Drive
Waverly, Iowa 50677

Happy Thanksgiving!

Thanksgiving Trivia

Fact or Fiction: One of America's Founding fathers thought the turkey should be the national bird of the United States.

Fact: In a letter to his daughter sent in 1784, Benjamin Franklin suggested that the wild turkey would be a more appropriate national symbol for the newly independent United States than the bald eagle (which had earlier been chosen by the Continental Congress.) He argued that the turkey was a "a much more respectable bird," "a true original native of America," and "though a little vain & silly, a Bird of Courage."

Fact or Fiction: Turkeys are slow-moving birds that lack the ability to fly.

Fiction (kind of): Domesticated turkeys (the type eaten on Thanksgiving Day) cannot fly, and their pace is limited to a slow walk. Female domestic turkeys, which are typically smaller and lighter than males, can move somewhat faster. Wild turkeys, on the other hand, are much smaller and more agile. They can reach speeds of up to 20-25 miles per hour on the ground and fly for short distances at speeds approaching 55 miles per hour. They also have better eyesight and hearing than their domestic counterparts.

