

Solglimt Posten
Volume XLVI, No. 6
June 2021

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The mission of the Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic Countries, and to provide quality insurance and financial products to its members.

**Sturgis Falls
Celebration**

Friday, Saturday, Sunday, June 25,26,27
Booth: Southeast Corner of Overman Park
3rd and Clay Street, Cedar Falls Iowa

“Visions of Summer!”



Menu

Norwegian goodies, bars, cookies, *lefse*, fruit soup, pulled pork, *vasrme polse on a stikke*, pop, water, coffee

Solglimt Food Booth Committee:

All members participating!

Chairpersons:

Joel Johnson, Keith Jorgensen

Please check the staffing and food schedule in the POSTEN! See where more staffing and food is needed!

If you can help or have questions, contact:

Jon Tehven

319-352-6094, tehven@msn.com or

Joel Johnson, 319-483-5071

Johnson1508@mediacommbb.net or

Keith Jorgensen 319-277-2537

Kjorgensen@cfu.net

To ride or walk with the float, or help in any way with the parade, contact **Keith**.

Donations of money will also help. Send your contribution to our treasurer.

**Jim Miller, 1727 Four Winds Drive
Cedar Falls, Iowa 50613**

Ice! Everyone, bring ice! Bring ice cubes in plastic bags. This saves money! We need ice to keep the water and pop cold, plus some food items.

Directions for Providing Food

When you arrive, please log in all baked goods into our Bakery book located at the booth entrance. Please also list the hours you spent putting them together for more accurate records. This is a requirement of the Black Hawk County Health department.

Food Packaging Requirements

- Use Zip-lock bags of appropriate size.
- Bars: cut into 2 ½ inch squares, 1 per bag
- Kringla, Krumkake: larger 1/bag; medium, 1/bag
- Breads: bake in small loaf pans, use plastic wrap
- Puff Pastry, Coffee Cake, Cinnamon rolls: we will cut at the booth.
- Use non-returnable containers to bring your contributions to the booth—put your name on them so we can check you off the list.

Bring your items to the booth in Overman Park, 3rd and Clay Streets by 11:00 AM Friday, 10:AM on Saturday and 10:00 AM on Sunday, except the Cinnamon Rolls—bring them on Saturday, as they are needed early on Sunday..

Cinnamon Rolls—use the Rhodes brand of frozen rolls, found in most grocery stores. They're easy—just place them in disposable aluminum pans. Give them 8-10 hours to thaw out and rise, then bake them. If you have a lid that stands above the rolls, please frost them before bringing them to the booth. If you plan to cover them with foil or plastic wrap, don't frost them. Just be sure to bring the frosting along with the rolls to the booth.

Waverly members, contact **Jon Tehven** or **Joel Johnson** to drop off food contributions if you need help delivering them.

Secretary's Notes, May 11, 2021 Business Meeting

Solglimt's monthly business meeting was called to order on Tuesday, May 11, by **Vice-President Jon Tehven** at New Aldaya in Cedar Falls. In attendance were **Keith Jorgensen, Gloria Tehven, Beeks Downing** and **Eunice Becker**.

The Secretary's Minutes of the April meeting were approved at written. (**Keith/Jon**).

Treasurer Jim Miller reported (via e-mail) a balance of \$3945.62 in the Lodge operating account at the end of April with receipts of \$100.40 and no disbursements. Treasurer's report accepted (**Keith/Gloria**).

Jon Tehven reviewed the April Lodge Activities and noted to members had achieved Golden Member status. Membership remains at 85.

Editor Gloria Tehven noted that a sign-up sheet would be circulated at the May Lodge meeting for sponsoring the Viking ship for one month starting with June. Cost is \$35. A drawing also will be held for prizes for those who contributed articles to the January – May newsletters. News items and reports for the next issue are requested by June 1.

Medals will be presented at the May meeting to those meeting Sports Activity requirements.

Preparations for the Sturgis Falls event are well under way. A sign-up sheet for staffing and donations of cash and food will also be circulated.

According to **Co-Social Director Beeks Downing**, arrangements for the Lodge's *Syttende Mai* observance on May 25 are in place. Suggested presenters for future meetings were discussed and will be followed up with **Co-Director Lori Devries**.

The next business meeting will be held Tuesday, June 8, at New Aldaya. Lunch at 11:30; meeting at noon.

The Lodge meets on Tuesday, May 25, at the Cedar Falls Woman's Club, 6:30 PM. Speaker is **Hovey Brom** on his experiences during WW II.

As there was no further business, meeting adjourned.

Respectfully submitted,
Eunice Becker, Secretary

Our June Viking Ship sponsor is **Joan Meany**. Our July sponsor is **Betty Butler**. Both have already paid the \$35 to our treasurer. The sponsors for August are **Duane** and **Mardell Lindberg**. Many thanks to all the people who signed up for next year. We have sponsors all the way through May!

Lodge Member News

From Joan Krafka Meany

Joan is a newer member of *Solglimt* Lodge. Her mother's family were Danish immigrants to the area between Quasqueton and Independence, Iowa, known as the Dane settlement near Pine Gove church along the diagonal county road of Buchanan County connecting these two communities. She was raised in Dysert, Iowa and is also a member of the Czech Heritage Partnership to pay homage to her father's family.



She and her husband Joe are both retired from John Deere in Waterloo. She thanks us for welcoming a sister Scandinavian descendant of immigrants to America. She enjoys learning so much with our wonderful fellowship and SON programming and praises the Lord that the lockdown is over with!!

Tubfrim

Tubfrim has been a collection of postage stamps for many years to send to Norway for charity use. However, the Sons of Norway Headquarters is no longer facilitating the program. Some Districts are choosing to participate in the program. If you want to continue saving stamps, you can, but at this time we don't have information about District One's Tubfrim plans.

At this time we are not collecting stamps . . . until further notice from District 1.



Secretary's Notes, May 25, 2021 Lodge Meeting

Solglimt's 2021 *Syttende Mai* celebration was held Tuesday, May 25, at the Cedar Falls Woman's Club. It was the first meeting in over a year. On each table was a banner that said, "It's been so long since we last met."

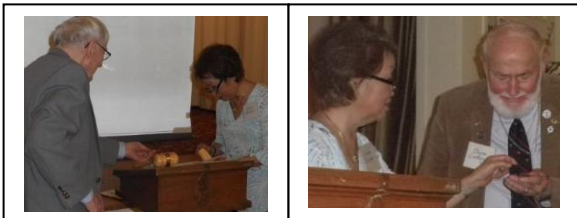
President Clare Palmer called the meeting to order. **Keith Jorgensen** shared an Ole and Lena joke. This was followed by the anthems and table prayer led by **Duane Lindberg** and accompanied on the piano by **Kathy Schuhmacher**. Members were welcomed and guests were introduced.



The dinner was served cafeteria style. Traditional Norwegian food was available: *lutefisk*, meatballs, potatoes, red cabbage. Sweet soup, *rommegrot*, rice pudding, and *lefse* were on each table, and desserts were provided by members.

After dinner **President Clare Palmer** invited members to share information. **Dottie Roiseland** reported that her famous black fiddle will be going back to Norway. **Liz Konig** shared information of the TV program about Norway's Princess Martha taking refuge with her children in Washington DC during World War II. **Jon Tehven** was the lucky person who found an almond in his rice pudding, and he mentioned the death of **Lorraine Fox**. He also shared information about the Sons of Norway Foundation's successful collection drive for funds.

People with May birthdays were recognized. **Bill Hanson** has attained Gold Member status. **Jon Tehven** and **Duane Lindberg** received Sports medals, presented by **Clare** since **Sport Director Carol Pett** unable to attend the meeting.



Editor Gloria Tehven conducted a drawing of names of those who had submitted items of interest for the January-May POSTENS. Winners were: **Ron Lance**, **Duane Lindberg**, **Bev Haugen**, **Dottie Roiseland** and **Eunice Becker**. First prize was a rosemaled plate, painted by **Ione Kleven**.

The other prizes were rosemaled wooden spoons and "paddles". A sign-up sheet was circulated for monthly sponsors of our Viking ship storage.

Coordinator Keith Jorgensen reported on final Sturgis Falls preparations and a sign-up sheet for booth staffing and donations of food and cash was circulated.

Treasurer Jim Miller reported that donations to the North East Iowa Food Bank totaled \$88.00.

The evening's speaker, **Hovey Brom**, shared an informative and entertaining program on his experiences in the military during World War II including his year of playing in a military band after the war. He was a very good speaker!!



Lodge members who signed up for Sturgis Falls work crews will be assembling in Overman Park the last weekend in June, from the 25th through 27th.

The next Lodge meeting will be the Annual Heritage Picnic at the Cedar Falls Boat House on August 24th.

The June business meeting is scheduled for Tuesday, June 8, at New Aldaya in Cedar Falls with lunch at 11:30 and meeting at noon.

Respectfully submitted,

Eunice Becker, Secretary,
with assistance from **Gloria Tehven**

Tusen Tak to **Christa Hanson** for making the *rommegrot*, **Percy Slattenow** for making the Sweet Soup, and **Joel Johnson** for getting the *lefse*.

Happy June Birthdays

- 1 Dwight Allbee
- 10 Adelyn Flanders (y)
- 12 Eloise Nelson
- 13 Mardell Lindberg
- 14 Dennis Bergmann
- 18 Ron Peterson
- 22 Cheryl Moore
- 23 Walter Jensen (y)



Kalender

- June 8: Business Meeting
June 13: Father's Day
June 14: Flag Day
June 25-27: Sturgis Falls
Celebration—Lodge Booth!
July 4: Independence Day
July 22-24: Nordic Fest
Decorah
Aug. 10: Business Meeting
Aug. 24: Lodge Picnic

A Little Sunshine

If you know of anyone who could use a little sunshine, contact:

Beverly Haugen

Western Homes Communities
5300 Main Street #5
Cedar Falls IA 50613
bhaugen@cfu.net
319-266-2269

Editor's Note

Thanks to everyone who has contributed to our POSTEN! Please continue to do so! We will not have a POSTEN in July, so your stories, jokes, reports, won't be needed until August 1. Send your items to the address above right, phone 319-352-6094, or email:

gtehven@live.com

Solglimt POSTEN
Gloria Tehven, Editor
1507 Hickory Heights Drive
Waverly IA 50677

Celebrating with Lutefisk

Since we just celebrated *Syttende Mai* at our May meeting with a little *lutefisk* I thought we should "celebrate" a little more----

According to a legend, *lutefisk* originated when Jens Luteness came home with his catch of cod, and not having a place to hang them out to dry, stored them in a rain barrel filled with his wife's caustic wash water. The fish soaked (and stunk) for weeks. Jens finally checked on his cod and was surprised to see that they had not rotted away. (It was at this point in time that the expression "ish da!" was invented.)

Why Jens and his wife proceeded to cook and dine on the fish in this condition has not been fully explained. Since then, *lutefisk* (named after Jens Luteness) has been a traditional and endearing dish of Norwegians everywhere.

.....

Ole went into the store and asked the clerk for 2 pounds of *lutefisk*. The clerk asked, "Are you Norwegian?" "Why in blazes do you ask that?" Ole fumes. "What makes you think I'm not German or Polish?" "Because," the clerks, "this is a hardware store."

.....

Several hundred Girls Scouts in south Minneapolis spent a month going door to door selling Girls Scout *lutefisk* instead of Girl Scout cookies. They felt they would have sold a lot of *lutefisk*, but nobody answered the doorbells.



May 25, 2021

