

## Solglimt Posten

Volume XLIII, No. 6  
June, 2018



The mission of the Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic Countries, and to provide quality insurance and financial products to its members.

### Sturgis Falls Celebration

Friday, Saturday, Sunday, June 22, 23, 24  
Booth: Southeast Corner of Overman Park  
3<sup>rd</sup> and Clay Street, Cedar Falls, Iowa



**“That’s  
Entertainment!”**

#### Menu

Norwegian goodies, bars, cookies, *lefse* and fruit soup, pulled pork, *varma polse* on a *stikke*, *pop*, *water*, *coffee*

**Solglimt Food Booth Committee: Everybody!**

All members participating!

Chairpersons: **Joel Johnson, Keith Jorgensen**

**Please check the staffing and food schedule in the POSTEN. We need more staffing and food!**

Contact:

**Jon Tehven** [tehven@msn.com](mailto:tehven@msn.com) or

**Joel Johnson**

[johnson1508@mediacommbb.net](mailto:johnson1508@mediacommbb.net) or

**Keith Jorgensen** [kjorgensen@cfu.net](mailto:kjorgensen@cfu.net)

To ride or walk with the float, or help in any way with the parade contact:

**Dave or Karolyn Haugebak**

[dkhaugbak@cfu.net](mailto:dkhaugbak@cfu.net)

Donations of money will also help. Send your contribution to our treasurer:

**Jim Miller, 1727 Four Winds Drive  
Cedar Falls, Iowa 50613**

**Ice!** Everyone, bring ice! Bring ice cubes in plastic bags. This saves money! We need ice to keep the water and pop cold, plus some food items.

### Directions for Packaging Food

Use sandwich size zip-lock plastic bags.

**Bars:** cut into 2 ½ inch squares, 1 per bag

**Cookies:** Large, 1 per bag

Medium, 2 per bag

**Kringla, Krumkake:** Large, 1 per bag

Medium, 2 per bag

**Breads:** Bake in a small loaf pan, wrap in plastic wrap.

**Puff pastry, coffee cakes, cinnamon rolls:**

These will be cut, packaged at the booth

Use nonreturnable containers. Put your name on your package so we know who made the contribution! Bring items to the booth by 11 a.m. Fri., 10 a.m. Sat., and 10 a.m. Sun., except Cinnamon Rolls are needed earlier. Waverly members, contact **Jon** or **Joel** to drop off food contributions if you need help delivering them.

### Other Booth Information

We will have a special on cinnamon rolls Sunday morning. We need about 10 dozen more rolls. If Waverly members can make rolls and/or need help with delivery, call **Joel** or **Chris Johnson**.

We need an 18 quart roaster to use for the pulled pork preparation. Contact the **Johnsons** if you have one we can use. The pulled pork will be provided by Chandler's Janesville Locker. It has a minimum amount of sauces so the pork flavor really comes out. We will have sauces available at the booth.

This year's sausage will be made by Clements out of Milwaukee. It is low in fat, has no MSG and is gluten free. And tastes great!

(*Fra Presidenten* is on the next page.)

## **Fra Presidenten**

Greetings,

OK, it's summer! What? Maybe 98° today, Memorial Day. Looks a little cooler later in the week. Do take time to reflect on the meaning and purpose of Memorial Day. It's a good deal more than fun with the family around the grill.

June will be a busy month for your Lodge and Sons of Norway in general. Even if we have no regular meeting, we do have a couple of big events coming. First, several of us will be heading north to Rochester, MN for the District 1 Convention with three individuals serving as delegates. We'll see what news we can bring back to the Lodge.

The next big event is our food booth at Sturgis Falls Days. **Joel Johnson** has things under control and ready to go for us. Thanks to both **Joel** and **Chris** for their hard work. **Jon Tehven** will be filling in the worker schedule to make the booth productive. Don't be surprised if you get a call from him. Working at the booth is actually a pretty good time. We get to chat with fellow lodge members and most of us will spot and chat with several of the thousands of people filling the park during the three days we are there.

Your lodge Strategic Planning group had a great meeting this last week. We are now beginning to put into action some of the many ideas we have identified as useful for the future success of the Lodge. We are working both new member recruitment ideas and ways to engage and hold the interest of you present members. There have been many fine ideas identified. You can be proud of the great thinkers serving in this planning group. We will be meeting again in August and start to work on creating more cultural activities and identifying additional ways to promote our fine lodge. We have a great lodge; we just need to let others know!

Hopefully, each of you will have a great summer full of family and friends doing fun things. It is a time, busy as it can become, to relax and enjoy the moment. We want you to be ready for our fall lodge season, recharged and ready for some new adventures. Several things are in the planning stages, some trips and other cultural events for your enjoyment.

As always, we urge you to attend as many of the meetings as possible and invite a friend to join with you. Indeed, it will ultimately be up to each of us as

individuals to recruit new members. The lodge offers an inviting atmosphere for prospective members to feel welcome.

Have a great summer everyone! Travel safely, if you travel. See you at Sturgis and in August!

**Keith Jorgensen, President**



## **Secretary's Notes, May 1, 2018 Business Meeting**

**President Keith Jorgensen** called *Solglimt's* monthly business meeting to order on Tuesday, May 1, at his residence in Cedar Falls. Attending were **Jon Tehven, Gloria Tehven, Jim Miller, Dottie Roiseland** and **Eunice Becker**.

The minutes from the March and April meetings were approved as written (**Gloria/Dottie**).

**Treasure Jim Miller** reported receipts of \$594.63 and disbursements of \$1,044.50 for a balance of \$3,447.54 in the Lodge operating account as of April 30. Both his March and April reports were accepted (**Jim/Dottie**).

**Social Director Jon Tehven** previewed this month's program and noted that the Andersons had enjoyed their welcome at the April meeting.

**Editor Gloria Tehven** requested news items and reports for the next POSTEN by June 1.

**Jon** reported a good sign-up for Sturgis Falls volunteers. **Keith** had made arrangements for the rental of chairs, tables and tent for the Lodge booth.

Plans are in place for the *Syttende Mai* dinner on May 22. Strategic Planning continues on the 24<sup>th</sup> at **Keith's**. The next business meeting is scheduled for Tuesday, June 5, also at the **Jorgensen** residence.

As there was no further business, meeting adjourned.

Respectfully submitted,

**Eunice Becker, Secretary**

## Syttende Mai, May 22, 2018 Lodge Meeting

*Solglimt's Syttende Mai* observance took place on Tuesday, May 22, at the Cedar Falls Woman's Club. **President Jorgensen** led the group in the anthems, Pledge of Allegiance, and table prayer.

Guests Mark McCombs and daughter Danielle of Cedar Falls; Larry and Lorie Johnson of Waterloo; and Dana and Luke Jenson, father and son, also of Waterloo, were introduced and welcomed.

While a traditional Norsk dinner of *lutefisk*, meat balls and sweet cabbage was served, the Sturgis Falls sign-up chart was circulated.

**Dr. Duane Lindberg** gave some background on the history and significance of *Syttende Mai* and why it is such a special day of celebration for Norwegians and Norwegian-Americans.



**Chair Joel Johnson** spoke on Sturgis Falls preparations and encouraged volunteers to sign up for this summer's event. Replacements are needed for the **Haugebaks—Dave and Karolyn**, who have spent many years seeing that the Lodge's Viking ship float is readied for the parade.

**Keith** noted that a Strategic Planning meeting is on Thursday, May 24, at his residence, 2 pm.

The next Lodge meeting will take place on August 28<sup>th</sup> at the Boat House in Cedar Falls.

**Social Director Jon Tehven** introduced Scandinavian fiddler Dave Swenson of Boone, who presented a delightful program of traditional fiddle tunes and dances, including a number of sing alongs. Swenson had CDs for purchase following his program, which were sold out.



**Dr. Lindberg** was the **POSTEN** Reader's Contest drawing winner. He received a *kuska* cup carved by last month's chip-carver Richard Anderson. **Bill Hanson** was the winner of the Lodge Dinner.

**Keith** thanked **Christa Hanson, Perc Slattenow** and **Carol Schultz** for the *rømmegrøt, søt suppe* and *lefse* we had for dinner and all who brought Norwegian cookies and pastries for dessert. **Carol** had *lefse* for purchase following the meeting.

As there was no further business, meeting adjourned.

Respectfully submitted,

**Eunice Becker, Secretary**

### Lodge Member News

Get well wishes for **Kamma Pillion** who, as this is written, is recuperating at Manor Care and hopes to be back at her Bridges residence in the near future.

If you know of anyone else who could use a little sunshine, contact:

**Beverly Haugen**  
Western Homes Communities  
5300 Main Street #45  
Cedar Falls, Iowa 50613  
[bhaugen@cfu.com](mailto:bhaugen@cfu.com)

The ***Solglimt* Book Club** met for a nice lunch at the Cherry Creek Grill on May 21<sup>st</sup>. Their next meeting will not be until September 17<sup>th</sup>.



### New Financial Benefits Counselor

Sons of Norway has hired a Financial Benefits Counselor, assigned to our Lodge, and the Cedar Rapids and Davenport Lodges. If you have questions or need information about our Financial Benefits, contact:

Scott Johannsen, FIC  
Riverland Insurance Group  
1970 Spruce Hills Drive  
Bettendorf, IA 52722  
Phone: 563-503-5400  
Cell: 563-343-5157

[sjohannsen@riverlandinsurancegroup.com](mailto:sjohannsen@riverlandinsurancegroup.com)

**Work Crews 2018**

**Thursday, June 21 Set-Up: 2:00 - 5:00 pm**

Dave & Karolyn Haugebak  
David Palmer  
Keith Jorgensen  
Cheryl Moore Leif Hanson

**Sunday, June 24 - Take Down**

Dave & Karolyn Haugebak  
Dave & Clare Palmer  
Keith Jorgensen  
Mike Butler  
Bill Hanson

**Friday, June 22 - 10:30 am - 9:00 pm**

**10:30 - 5:00- Chr**

**10:30 am - 3:00 pm**  
Karolyn & David Haugebak  
10:30-1:30: Christa Hanson/Casey R.

**NOON - 3:00**  
Dottie Roiseland

**5:00 - 9:00 Chr**

**2:30 pm - 6:30 pm**  
Keith Jorgensen  
Pam Flanders  
JoAn Headington

**6:00 pm - 9:00 pm**  
Linda Benson  
Pam Flanders  
JoAn Headington

**Saturday, June 23-9:30 am - 9:00 pm**

**8:30 - 2:00 Chr-**

**9:30 am - 12:30 pm**  
Helen Rostad  
Carol Pett  
Ron Lance  
Sharon Lance  
Diane Hamer  
Rod Hamer

**2:00 pm - 9:00 Chr-Keith Jorgensen**

**Noon - 4:00 pm**  
Bev Haugen  
Dottie Roiseland  
Lis Konig  
Cheryl Moore  
Steve Mauer  
David Palmer  
Clare Palmer

**3:30 pm - 6:30 pm**  
Duane Lindberg  
Mardell Lindberg

**6:00 pm - 9:00 pm**  
Audrey Fimreite

**Sunday, June 24 - 9:30 am - 5:00 pm**

**8:00 - 2:00 Chr-**

**8:00 am - 11:30 am**

**2:00 - 5:00 Chr-Keith Jorgensen**

**11:00 am - 3:00 pm**  
Dottie Roiseland  
Lis Konig  
Joan Ogden

**2:30 pm -5:00 pm-includes Take Down**  
Mike Butler

When you come for your shift, bring

- Bag of ice
- Cash Donation

**SUNDAY MORNING WE NEED  
24 DOZEN CINNAMON ROLLS!**





## **Kalender**

June 5: Lodge Business Meeting

June 14: Flag Day

June 14-16: District 1 Convention  
Rochester, MN

June 17: Happy Father's Day

June 22-24: Sturgis Falls Days

July 4: Independence Day

July 26-28: Nordic Fest, Decorah

Aug. 7: Lodge Business Meeting

Aug. 12-18: International Sons of  
Norway Convention, Minneapolis

Aug. 28: Lodge Picnic  
"American-Norwegian Humor"  
Norm Carlson

## **Editor's Notes**

There will not be a newsletter in July. Send your items for the August POSTEN to me by August 1st, (Address above).

Or contact me by phone or email:  
[gtehven@live.com](mailto:gtehven@live.com)

Watch for a new POSTEN READERS' CONTEST in the September POSTEN, with new rules that will make it easier for you to win!

**Solglimt POSTEN**  
**Gloria Tehven, Editor**  
**1507 Hickory Heights Drive**  
**Waverly, Iowa 50677**

## **Nordic Fest, July 26-28 in Decorah, Iowa**

Bring your friends and family! Enjoy delicious food, traditional crafts, a colorful parade on Saturday, lively entertainment, sporting events, and Saturday night fireworks. Details at the Nordic Fest Website [www.nordicfest.com](http://www.nordicfest.com).

Vesterheim highlights during Nordic Fest:

- National Norwegian-American Folk Art Exhibition
- Demonstrations and Sales—rosemaling, woodworking, fiber arts, metal working, fine art, pioneer skills, and more
- *Skjaldborg* Viking encampment
- Plus much more!

Folk Art Banquet: Everyone's invited on July 27! The guest speaker will be Harley Fefsal. Call 563-382-9681 by July 23 to register.

Volunteer: Experience Nordic Fest from a different angle! Download a Help Form at [vesterheim.org/program/nordic-fest/](http://vesterheim.org/program/nordic-fest/).

