

Solglimt Posten
Volume XLIII, No. 2
February 2018



The mission of the Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic Countries, and to provide quality insurance and financial products to its members.

Lodge Meeting

Thursday, February 27, 2018
Cedar Falls Woman's Club
3rd and Clay Street
Cedar Falls, Iowa

6:30: Dinner Cost: \$12.00

Menu

Golden Baked Chicken, Roll/butter
Mashed Potatoes, Glazed Carrots
White Cake with Cherries



"Troll Talk"
By Kris Rowley

(Ed. Note: Because our January date had to be changed, Kris could not come. But she is coming for our February meeting!)

Kris grew up in Cedar Rapids, and has 3 Norwegian grandparents and 1 Swedish grandparent. Three branches immigrated from Scandinavia around 1900, the other came in the 1850s.

Kris grew up loving fairy tales of all countries, but especially the ones from her ancestral homelands, and the ones involving trolls – a strange element in any tale. Troll tales were particularly violent and unexpectedly intertwined with Christian symbols. The battle lines between good and evil were clear. So, she read and thought and collected their literature, their drawings and their carved images.

Talking about trolls became a hobby that Kris picked up along the way. For her "real" job,

she is the County Treasurer in Dickinson County. She's also done some free-lance writing. She attended Luther College, but graduated from Coe College in Cedar Rapids, with a biology major.

Kris and her husband Dave are the parents of 4 children, the youngest just graduated from the University of Iowa. As children, they grew up listening to troll stories and remain on guard when near forests, mountains or bridges. They also believe they were visited by the *fossegrimen* when young.

Rowley is looking forward to sharing Norwegian troll folklore with *Solglimt* Lodge, along with her troll collection. These tales were told by a people who believed wits were the key to survival in a place hostile to humankind. But their stories were also influenced by Christianity and show a belief that true strength included kindness and faith.

Reservations by Thursday, February 22nd. Cancellations by Saturday, February 24. If your caller misses you, or if you are not a member and would like to attend, please call **Karolyn Haugebak**. Also call **Karolyn** for cancellations. Remember, if you reserve and do not attend, you will be asked to pay for your meal.

Bring items for the Northeast Iowa Food Bank!



(*Fra Presidenten* is on the next page)

Fra Presidenten

Greetings all,

It's February! Have you purchased your valentines yet? You might want to put that on your "to do" list, or be in big trouble---. As for *Solglimt* Lodge, February kicks off another year of programming. It appears that we are in for a great year of interesting meetings. You are invited to support your lodge as best you can by attending our monthly meetings. Come, enjoy the fellowship and take home some new knowledge gained from the evening's speaker.

Our mostly re-elected slate of officers are off and running once again, submitting year-end reports to our international office and gearing up for the year ahead. We certainly want to thank everyone for volunteering their time and talents for another year. Your lodge is very lucky to have such talented people serving in the positions necessary for a successful Sons of Norway lodge.

A special note for you is that we have two individuals who have agreed to step into the roles of Assistant Social Directors for the coming year, **Robin Voster** and **Clare Palmer**. Thank them when you see them! We are blessed with a membership which always seems ready to step up and help when called upon!

As we enter the month of February, several projects are now on our calendar. Culture Fest will likely be sending out sign-up information for later in March. **Joel Johnson** is likely to see the early stages of Sturgis Falls Days appearing in his mailbox. **Duane Lindberg** is gathering names for a new start of a lodge dance group again under the direction of Karen and Glenn Swanson. We wish them great success. If you have an interest in the Scandinavian dance group, please be in touch with **Dr. Lindberg** or the Swansons.

It is an exciting time, folks. Spring is around the corner and our lodge has a full slate of activities ahead on its calendar! We are planning activities for a wide range of interest. Join your friends, and most certainly invite new friends, to partake in the opportunities to explore your Norwegian heritage! It is YOUR lodge to enjoy!

Keith Jorgensen, President

A Little Humor

Ole and Sven die in a snowmobiling accident—drunker than skunks. They end up in Hell. The Devil sees them enjoying themselves, and asks, "Doesn't the heat bother you?"

Ole replies, "Vell, ve're from nordern Minnesoota, the land of snow and ice, and ve yust like dis chance ta varm up a little bit, ya know."

The Devil decides they aren't miserable enough, and turns up the heat even more. But when he checks up on them, they are wearing light jackets and grilling walleye and drinking beer. He exclaims, "Everyone down here should be miserable, and you two are enjoying yourselves??"

Ole replies, "Vell, ven it gets varm veather up dere in Minnisoota, ve've yust got to haffa fish fry in da nice veather!"

The Devil is furious. Finally, he comes up with the answer. He turns the heat off in Hell. The next morning the temperature is 60 below zero, icicles are hanging everywhere, and the people are shivering so badly they are unable to wail, moan, or gnash their teeth. The Devil checks up on Ole and Sven, and finds them back in their parkas, bomber hats, and mittens. They are jumping up and down, cheering, yelling like mad men.

The Devil is dumbfounded, "I don't understand, when I turn up the heat you're happy. Now it's freezing cold and you're still happy. What is wrong with you two?"



They both look at the Devil in surprise and say, "Vell, don't ya know, if hell is froze over, dat must mean the da Vikings vun da Super Bowl!"

(Ed. Note—Well, the Vikings didn't make it to the Super Bowl, but they came close! But we won't tell Ole and Sven—they can be happy in ignorance!)

**Secretary's Notes, Jan. 9, 2018
Business Meeting**

President Keith Jorgensen called *Solglimt's* first business meeting of the year to order at his home in Cedar Falls on January 9, 2018. Present were **Jim Miller, Jon Tehven, Gloria Tehven, and Dottie Roiseland.**

The secretary's minutes from the December meeting were approved as written (**Gloria/Dottie**).

Treasurer Jim Miller reported a balance of \$4,568.87 in the Lodge operating account at the end of 2017, with receipts of \$614 and disbursements of \$1374.60 during the month of December. Previously approved year-end donations included Ski for Light, \$200; Vesterheim, \$150; Danish Museum, \$50; Norwegian-American Historical Association, \$100; and Norwegian-American Genealogical Center, \$150. Treasurer's report accepted (**Jim/Jon**).

The need to contact those members whose dues are past due was discussed. **Keith** will follow upon this matter.

Editor Gloria Tehven requested news for the next issue of the *Posten* no later than February 4th.

Keith will also follow up on suggestions made for filling the Assistant Social Director positions that are currently open.

Jon reported that the Lodge website is being worked on and is nearly completed per his contact with the webmaster. He also reported that the 2018 Lodge Directory will be ready for distribution at the January meeting. As International President, he will install the Lodge's 2018 officers that morning.

Due to a meeting date mix-up, the program on trolls will be given in February and **Summer Gracey** will report on her studies abroad in Norway at the January *Frokost*.

The secretary and treasurer are preparing their year-end reports for International Headquarters.

Arrangements for honoring a new Golden Member were discussed. (See boxed at the end of this report for current information.)

Keith intends to start the nominating process for 2019 as early as this spring.

Future meetings include Strategic Planning on Jan. 18, 2pm at **Keith's**, Lodge *Frokost*, Jan. 20th, and the next business meeting on Feb. 6, 3 pm, location to be announced.

As there was no further business, meeting adjourned.

Eunice Becker, Secretary

(*Mange Takk* to **Keith Jorgensen** for taking the above meeting notes in my absence--EB)

(Ed. Note: Because of weather and health issues, the business meeting has been changed to Feb. 13, 3pm. The meeting will be held at Bartels Lutheran Retirement Community, 1922 5th Ave. NW in Waverly, where a Golden Member will be honored. If you have questions about the meeting, contact **Gloria** or **Jon Tehven**.)

February 6th, Sami National Holiday

The Sami people are indigenous to the arctic areas of Norway, Sweden, Finland and Russia. Many Sami make a living in reindeer husbandry and fishing. Nature is very important to the Sami.

The Sami have not always had an easy life in Norway. At the end of the 1800s the Norwegian government required everyone to conform to the Norwegian way of life. However, attitudes changes by the mid-1950s, and Norwegian authorities recognized the importance of maintaining the Sami culture and Norway now embraces the Sami language, traditions, and culture.

February 6th is recognized as Sami National Holiday in all four countries. This day, since 1993, has become a popular event and a time for the indigenous Sami people to celebrate their identity.

Sturgis Falls, 2018



Mark your calendars! The dates are June 22-24. The theme is "That's Entertainment". Our application has been filed! More info will be provided as we get closer to the warm days of summer!

Joel Johnson, Sturgis Falls Coordinator

Secretary's Notes, *Frokost* January 20, 2018

President Keith Jorgensen called *Solglimt's* annual *frokost* to order on Saturday, January 20, at the Cedar Falls Woman's Club.

Dr. Duane Lindberg led the group in the anthems, Pledge of Allegiance and table prayer.

While breakfast was being served, several members of the **Haugebak** family, including siblings, parents, grandparents, aunts and uncles of speaker **Summer Gracey's** family were introduced and welcomed, as was **new member Jody Stevenson** of Waverly.

Dr. Lindberg spoke on the Scandinavian dance classes that are to begin February 1 at Valley Lutheran High School, led by Glenn and Karen Swanson. He also circulated flyers for members to pass along to others who may be interested in participating. More details were in the January POSTEN.



Sunshine Chair Bev Haugen reported on her activities since the last meeting.

Following breakfast, **Jon Tehven** introduced **Summer Gracey**, recipient of a Sons of Norway Foundation Grant to study abroad. She recently returned from Norway where she attended a semester at the University of Oslo. Her slide presentation titled "Summer's Semester Abroad" told of her classroom and travel experiences during her time in Norway.



She took questions after her program and an interesting and informative discussion followed.

Summer, a veteran of several summers at *Skogfjorden* Language Camp and a graduate of Luther College, is the great granddaughter of **Dottie Haugebak** and granddaughter of **Dave** and **Karolyn Haugebak**.

Keith reported on the progress of the recent Strategic Planning meeting, the Scandinavian Dance Classes being one of its outcomes.

Thanks were extended to **Robin Voster** who has agreed to fill one of the two positions of **Assistant Social Director**.

With the assistance of **Lodge President Keith Jorgensen**, **International President Jon Tehven** installed *Solglimt's* slate of officers for 2018. **Keith** accepted the gavel of office and began his second term as Lodge President. (see back page)

Congratulations to **Karolyn Haugebak**, winner of the drawing for a Lodge dinner.

Throughout the morning, **Jon** handed out copies of the Lodge Yearbook to those who did not receive theirs electronically.

Respectfully submitted, **Eunice Becker, Secretary**

Lodge Member News

Bev Haugen reports that **Liz Konig** is recuperating from surgery. We send get-well wishes her way.

Services for **Arvid Waschek** were held January 30 at Nazareth Lutheran Church in Cedar Falls. **Arvid**, 91, died January 25 at Thuesen Cottage, Western Home Communities. He was a Charter Member of *Solglimt* Lodge and served as its President in 1990. Sincere sympathy is extended to **Elsa** and their family.



Eunice Becker, Secretary, says *Mange Takk* to those who turned in their Volunteer Hours for 2017. These figures become a part of the year-end Lodge Achievement Report as a requirement to maintain the Sons of Norway tax-exempt status.

Yearbook Correction: **Phil** and **Marilyn Froiland's** phone number is: .

2018 Solglimt Lodge Officers	
President	Keith Jorgensen
Vice-President	Dottie Roiseland
Secretary	Eunice Becker
Treasurer	Jim Miller
Membership Secretary	Don Meyer
Past President/Counselor	
	Steve Norby
Social Directors	Gloria Tehven
	Jon Tehven
Assistant Social Directors	
	Robin Voster, Clare Palmer
Cultural Director	Cheryl Moore
Foundation Director	Jon Tehven
Editor	Gloria Tehven
Trustees	Hovey Brom
	Jim Miller
	Steve Mauer
Marshal	Dave Haugebak
Greeters	Ron & Sharon Lance
Publicity	JoAn Headington
Historian	Deloris Laube
Musicians	Sonja Lynch
	Kathy Schuhmacher
Sports/Youth Director	Jim Walsh
Librarian	Marilyn Young
Auditors	Mike Butler
	David Palmer
Adopt a School Coordinator	open

**Treasurer's Report
For Period Ending Jan. 31, 2018**

1. Savings/Checking Accounts

Balance 1/1/2018.....\$4568.87
 Receipts.....(+)\$924.00
 Interest.....(+)\$15.56
 Sub Total.....\$5508.43
 Disbursements.....(-)\$593.00
 Balance on 1/31/2018.....\$4915.43

2. Certificates of Deposit

4 \$1000 Certificates....\$4000.00

3. Savings Bonds (none)

4. Cash on Hand.....\$50.00

Total Financial Assets 1/31/2018
\$8965.43

Sons of Norway Benefits

To learn more about the many financial benefits offered by Sons of Norway, contact

Mary (M.E.) Levsen
 98 E. Willman Street
 Hiawatha IA 52233
levsen@neighborinsurance.com

Sunshine

If you know of anyone who could use a little sunshine, contact

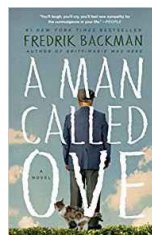
Beverly Haugen
Western Homes Communities
Cedar Falls IA 60513

bhaugen@cfu.com

Book Club

All of you are invited to the *Solglimt* Book Club on Monday, February 19, at NewAldaya, 7411 University Avenue in Cedar Falls. You can enjoy lunch with friends, starting at 12 pm. If you can't come for lunch, come at 1 pm for discussion.

The book for discussion at the February meeting is A Man Called Ove, by Fredrik Backman.



Marilyn Young says that at first she had some difficulty getting into the book, but the more she read, the better she liked it! She reports that it is a very interesting book! You'll laugh, you'll cry, and you'll feel new sympathy for the curmudgeons in your life! It's an international bestseller!

For more information, contact
Marilyn Young
myyoung@cfu.net

Interested in Your Norwegian Roots?

Duane Lindberg's historical novel, The Kingdom of the Rings is now available at

Wiley's Christian Books
 2520 Waterloo Road
 Cedar Falls

The story focuses on the intriguing saga of the Norwegian people, beginning during Norway's "Age of Greatness" in the 13th century and moving through the Middle Ages, the conflicts with Islam, the Reformation, and the great migration to North America in the 19th and 20th centuries.



The saga relates the stories of Norwegian immigrants to Iowa, Minnesota, the Dakotas and Texas. It is replete with challenged characters, mystery, and suspense so the reader feels the immigrants' struggle to preserve their faith and heritage, while sharing in the building of America.

A POSTEN Reader's Contest

The first emailer and the first phone caller with the answer to this month's riddle will have their names entered in a drawing to win a prize in June. (Prize to be announced---)

This month's question is: What two books are recommended in this POSTEN for good reading?

Send your answers, and any news you would like to see in the March POSTEN to the Editor—

Gloria Tehven
1507 Hickory Heights Drive
Waverly IA 50677

gtehven@live.com

Kalender

- Feb. 6: Sami National Holiday
- Feb. 8, 15, 22: Dance Group
- Feb. 13: Lodge Business Meeting
- Feb. 14: Happy Valentine's Day!
- Feb. 19: Book Club
Presidents Day
- Feb. 27: Lodge Meeting
"Troll Talk", Kris Rowley, presenter
- Mar. 6: Lodge Business Meeting
- Mar. 1, 8, 15, 22, 29: Dance Group
- Mar. 17: St. Patrick's Day
- Mar. 19: Book Club
- Mar. 27: Lodge Meeting
"Exploring the Meadows"
Marie and Frank Reyner

Installation of 2018 Officers



Ski for Light



With Leif Andol - 40 Year Guide

Solglimt POSTEN
Gloria Tehven, Editor
1507 Hickory Heights Drive
Waverly, Iowa 50677

Happy Valentine's Day!



Ski for Light - Lake Tahoe

Gloria and I recently attended the 2018 Ski for Light last week near Lake Tahoe. SFL, since 1975, is an annual cross country ski event for sight and physically impaired adults. There were about 300 people: half impaired and half sighted serving as guides. They ski all week in tandem on groomed, grooved tracks and then compete in 5 K and 10 K races.

Sons of Norway helped finance SFL in 1975, and I was there to present a check from the Sons of Norway Foundation. It is an awesome experience to be with these people.

There were skiers from China, Scandinavia, England, Scotland, Denmark, Canada, USA. All races, all colors.