

The mission of the Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic Countries, and to provide quality insurance and financial products to its members.

Lodge Meeting
Tuesday, August 22, 2017
Picnic: 6:30 pm
Cedar Falls Boat House

(Note: Go north on Franklin Street, cross the Cedar River, the Boathouse is on the west side, there is a driveway that takes you to the Boathouse. If coming from the north, turn right (west) before you come to the bridge across the river.)

Menu

Bring one or two dishes to share (with serving utensils and also your own table service.)
Beverages and sausages will be furnished.

Committee: Lodge Officers



Program: "Norwegian Stories"
The Cedar River Readers

We will be entertained by the Cedar River Readers, a readers' theater troupe sponsored by the Waverly Public Library. Since their first performance last August, they have performed for over a thousand adults and young people at churches, schools, and civic organizations. Their goal is to translate their love for literature into performances that both educate and entertain. They will be sharing Norwegian stories with us!

We will also be introduced to Viking Chess, or *Kubb*, a yard game growing in popularity. You will have an opportunity to play and/or watch others play! See elsewhere in the POSTEN for more information about the game.

Since our meeting is a Pot Luck, you do not need to make reservations in advance. Just come, bring food, friends, family, and expect to have fun!

Fra Presidenten

August! Time to start a "new" season at *Solglimt* Lodge, Sons of Norway. Hopefully, each of you had a busy, enjoyable and fulfilling summer. Now we all need to refocus for a fall full of "restarts" by many organizations: Schools, churches, many non-profit groups and even our own lives start anew with the coming of fall.

August brings our picnic near the end of the month to start our "year". It is rumored that there may be some *Kubb* to be played at the picnic this year. The *Viking* magazine had a nice article in June on the game of *Kubb*. So come and experience something new and different, and it is even a cultural event for us! Plus, there will Norwegian stories told by Cedar Valley Readers. And plenty of great food to be shared and enjoyed by all!

Strategic Planning continues to progress. We will be meeting again on August 17th to work on strategies. International President **Tehven** has suggested we develop a Lodge mission statement, so we will be working on that as well. This is an important item for our lodge. What we do now will determine what we look like in the future. Not to address several issues today will only place us in an unpleasant position in the months and years to come. All organizations face many of the same challenges as we do; we just want to be the one that addresses them now for a better outcome in the future.

(Fra Presidenten continues on next page)

(Fra Presidenten, continued)

We need to thank **Joel** and **Chris Johnson** for heading up another successful Sturgis Falls Days food booth. *Mange Takk!*



And thank-you to everyone who supported their efforts with time and donations. The weather was great and we all had a lot of fun.

Once again, you are all urged to be as active as you are able in our lodge activities. Your attendance at meetings is greatly appreciated and vital to our ability to meet at the Cedar Falls Woman's Club. While we are currently well above it, they do ask for a minimum number of folks at a meeting if preparing a meal. Hopefully, you want to come for the fellowship and great programming, but sometimes it is about the numbers.

Well, we are off to another Sons of Norway year! Check your calendars and plug in our monthly meetings, plus we hope to offer several other opportunities for you as the year progresses. See you at the picnic!

Keith Jorgenson, Presidenten

Book Club

At the April meeting the book, The Vikings: A History, was presented to the members to be passed around. The members of the club have been busy this summer, with each one reading a different portion of the book, then passing it on to another member. The book will be discussed in September.

Information about the time and place of the September meeting will be in the September POSTEN.

For information about the Book Club, contact

Marilyn Young
319-830-3400 or
mjyoung@cfu.net

Secretary's Notes, June 13 Business Meeting

President Keith Jorgensen called the meeting to order on Tuesday, June 13, at his residence in Cedar Falls with **Gloria Tehven, Dottie Roiseland** and **Eunice Becker** in attendance.

The Secretary's Minutes of the May meeting were approved as written (**Gloria/Dottie.**)

Treasurer Jim Miller reported via e-mail receipts of \$1,004 and disbursements of \$989.78 for the month, leaving a balance of \$3,018.08 in the Lodge operating account as of May 31. Treasurer's report accepted (**Dottie, Gloria.**)

The float trailer registration invoice will be forwarded to **Jim** for reimbursement to **Jon Tehven**; the registration to **Dave Haugebak** for parade use.

Keith is looking into the *Kubb* game (see June Viking) as a possible Youth/Sports activity at the August picnic.

Editor Gloria Tehven requested news items and reports for the next **POSTEN** by August 1. No newsletter will be issued in July.

Sturgis Falls preparations were reviewed. **Gloria** reported that **Jon** contacting members for additional volunteers.

The next Strategic Planning meeting was scheduled for Thursday, June 15; the August business meeting, the 1st, and the August picnic, the 22nd.



As there was no further business, the meeting adjourned.

Respectfully submitted,
Eunice Becker, Secretary

Lodge Member News

Howard Braden will be moving to the Western Home Communities in Cedar Falls in August. **Carla Larsen** will be moving to Minnesota in August, to be closer to her son, Leif. We wish them good luck and happiness in their new homes!

Barbara Freet, who died last December, was a charter member of the Norwegian American Genealogical Center and Naeseth Library, and was honored by her daughter, Jodi, with a wonderful testimonial letter to the organization.

Jon and **Gloria Tehven** will be attending the celebration of the 75th Anniversary of the formation of the 99th Infantry Battalion (also known as the Viking Battalion) on Saturday, August 12th at Camp Ripley, Minnesota. All members of Sons of Norway are invited to attend. (More information elsewhere in the **POSTEN.**)

Til Minne

Our sympathy is extended to **Joan Ogden** and family on the death of her husband, **Leo**, who passed away on July 23rd. A memorial service will be at 1:30 pm Wednesday, August 9th at Windcove, Western Home Communities, in Cedar Falls.



Sympathy is also extended to the family and friends of **Phyllis Ver Ploeg**. She died on July 28th. Funeral services will be at 10:00 a.m. Saturday, Aug. 5 at Nazareth Lutheran Church in Cedar Falls.



Kubb

By Kathy Schuhmacher

Kubb (pronounced "koob"), often called Viking Chess, is a Scandinavian yard game that is sweeping the country in popularity! After reading about Kubb in the June issue of Viking, I decided to purchase a set to play with our grandchildren. I looked at the suggested web sites and found a set to order for \$39.99 at yardgames.com.

Kubb is a yard game that is a combination of bowling, bocce and horseshoes. There are two teams consisting of 2-6 players each and it is a fun family game for all ages. The game uses wooden batons that are thrown towards your opponents' wooden blocks (called "Kubbs"). The win occurs when the king block topples after all the other field kubbs have been knocked over.



© Can Stock Photo

My grandchildren really enjoyed playing Kubb and played it three days in a row! When our son joined us one evening, he said that he had played the game several times in the past, and he knew it as "Viking Chess." Kubb is great for picnics and family gatherings and can be played on grass, concrete, and even in the snow. We'll bring our game to the picnic, and you can have a chance to give it a try!

75th Anniversary of the Viking Battalion

The 99th Infantry Battalion, perhaps better known as the Viking Battalion, is celebrating the 75th Anniversary of its activation this year on Saturday, Aug. 12th, at Camp Ripley, Minnesota. These soldiers were all Norwegian Americans or Norwegian nationals, and the criteria for joining was the ability to speak Norwegian.

The Battalion's WWII Educational Foundation extends an invitation to all members of Sons of Norway to participate in the celebration. They hope many will come, especially those who have a relative or friend who was one of these special soldiers who fought so bravely and ended their tour of duty in Norway after the liberation in 1945.



The event will be held at Camp Ripley, site of the activation, starting at 1:00 pm in and around the Minnesota Military History Museum. There will be WWII reenactment soldiers, Viking reenactors, photos and memorabilia and tours of the museum - while the Red Rock Swing Band entertains with music.

The anniversary dinner will be at 6:00 pm in the Hangar at Camp Ripley, with guest speaker historian, Dr. Odd Lovoll. A \$20 advance charge for dinner is required; please send a check to the 99th Inf. Battalion (Sep) Ed. Foundation, P.O. Box 14521 Grand Forks, ND 58208-4521.

Anyone wishing to bring and share photos and memorabilia is encouraged to do so.

(Information provided by Irene Starck Thomas, board member of the 99th Battalion Foundation. 320-843-3967.)

Celebrate Canada's 150th!

Our Sons of Norway sister country, Canada, is honoring its 150th birthday with more than 1,000 events. Some highlights:

Canada's national parks are offering free admission all year to mark the founding. Order a Discovery Pass via pc.gc.ca.

Ottawa will be a hub of festivities. Until September 4th the Pop-up Installation Inspiration Village will host free exhibits.

A fleet of tall ships are in Quebec City now! Visitors can take tours and participate in port parties.

If you have friends or family in Canada, send them congratulations on this special event!

(Ed. Note: This information was in AARP Magazine. For more info, see aarp.org/traveltips.)

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Sturgis Falls Celebration, 2017 Report from Joel Johnson

A big THANK YOU to all who contributed food, money and booth time to make Sturgis Falls 2017 successful. Some 40 volunteers w put in 350 hours at the booth. Our estimate is that there were at least 60 hours baking goodies. We cannot do it without your support !



I am pleased to report that sales were up 5.1%. With the cool and windy weather, our water sales were down but our coffee sales were up! It balances out.

We sold:

267 pulled pork sandwiches
292 sausages
496 cups of coffee on Sunday alone (!!)
23 dozen (276) sweet rolls on Sunday
200 rounds (800 pieces) of *lefse*
385 bottles of water
Uncounted numbers of cookies, bars, *kringle*, and other goodies.

Everything is cleaned and safely stored for another year. The inventory is done and product needs for next year are noted. Just waiting for February to file our application for 2018!!



Thanks for all your efforts to support our Sturgis Falls event!

Joel Johnson, Chairperson

People Who Helped

Members who work in the booth:

Joel and Chris Johnson, Dave and Karolyn Haugebak, Bill Hanson, Keith Jorgensen, Rod and Diane Hamer, Bob and Jean Haugebak, Casey Reynolds, Christa Hanson, Steve Norby, Jon and Gloria Tehven, Pam Flanders, JoAn Headington, Jim Walsh, Don and Kris Meyer, Katie and Amanda Bauler, Sue and Jerry Vallem, Ron and Sharon Lance, Mardell and Duane Lindberg, Julia Doerring, John Sundet, Liz Koenig, Mike and Vicky Christiason, Steve Mauer, Clare and Dave Palmer, Dottie Roiseland, Cheryl Moore, Dawn Ask-Martin, Hannah Sundet..

People Who Donated Food

Gloria Tehven, Margaret McCombs, Pam Flanders, Chris Johnson, Deloris Laube, Kathy Schuhmacher, Sharon Lance, Clare Palmer, Helen Rostad, Keith Jorgensen, Dottie Roiseland, and Percy Slattenow.

People Who Donated Money

Jon and Gloria Tehven, Hovey Brom, Eunice Becker, Margaret McCombs, Beebs Downing, Shari Cornish, Jan Olson, David and Clare Palmer, Helen Rustad, Howard Braden, Mardell and Duane Lindberg.

People Who Were in the parade, and or helped with the Boat

Dave and Karolyn Haugebak, Jon Tehven, Keith Jorgensen, John Sundet, and Jim Miller, plus the driver of the tractor.



(Editor's note: If your name is not listed, I apologize. Everyone's help is appreciated.

Sturgis Falls 2017 Financial Report

Total sales:	\$4758.50
Cash Donations:	<u>945.00</u>
Total income:	\$5703.50
Booth expenses:	<u>3178.56</u>
Net Gain:	\$2524.94

Courier Comments

Our Viking Boat entry in Saturday's parade was pictured in the Sunday, June 25th Courier. The article said, "Sons of Norway has been selling its Norwegian food, including pastries and fruit soup, at Sturgis Falls for the last 42 years in addition to having a float in each parade."



In the Tuesday, June 27th Courier the following was reported: "Sons of Norway has had a food tent at the park and a float in the parade every year since the Sturgis Falls Celebration began in 1976 and they are already planning for next year's event."



Our president, **Keith Jorgensen**, was quoted: "When it's hot and uncomfortable, we give a lot more water cups. When it's cooler, we sell more coffee. The weather doesn't dramatically affect us."

Sons of Norway Benefits

To learn more about the many financial benefits offered by Sons of Norway, contact:

Mary (M.E.) Levsen
98 E. Willman Street
Hiawatha IA 52233
levsen@neighborinsurance.com
319-538-5933

Editor's Note: Send your items for the September **POSTEN** to me by September 1st. Send the items to:

Gloria Tehven
1507 Hickory Heights Drive
Waverly IA 50677
gtehven@live.com
319-352-6094

Sunshine



If you know of someone who could use a little sunshine, contact

Beverly Haugen
Western Home Communities
5300 Main Street #45
Cedar Falls IA 50613
bhaugen@cfu.net
319-266-2269

A Little Humor

Ole was on an airplane trip. His seat partner was a gorgeous young woman who made Ole's heart skip a beat. "Where are you going?" asked the young woman.

"Minneapolis," answered Ole.

"Same here," said the gal. "I'm going to Minneapolis to meet the man of my dreams because I read that the sexiest, most romantic men in the world are Norwegians and American Indians. By the way, what is your name?"

Ole said shyly, "Ole Red Feather."

Are You Using Your Sons of Norway Benefits?

In addition to offering many ways to celebrate Norwegian culture, your Sons of Norway membership gives you access to many outstanding discounts. Whether you're looking to save money around town or around the world, Sons of Norway can help keep some of that money in your wallet.

1. Perkspot

As a member, you have dozens of exciting discounts available to you daily through Perkspot. What is it? Perkspot is a service that collects deals from leading retailers from around the country and puts them all at your fingertips.

2. Cost Saving Travel Discounts

Is a trip to Norway in your future? As a member, you're eligible for a 5% discount on packages through our friends at Borton Overseas and 5% off flights through Icelandair. Even if you're not traveling abroad, discounts on hotels such as Best Western or Carlson Hotels, or on car rentals through Avis will help offset the cost of travel.



3. Free Financial Review

You probably already know that Sons of Norway offers superb financial products, but how much do you know about them? As a member, you're eligible for a free financial review with you're lodge Financial Benefits Counselor to determine which financial products will provide you peace of mind and a sound financial future.

To see a complete list of the benefits of being a Sons of Norway Member, log on to

sonsofnorway.com/member_benefits

10 Things You May Not Know About the Vikings

Think you've got the Vikings pegged? With all the caricatures and stereotypes out there, there's probably a lot you've never heard about the seafaring Scandinavians who raided and settled coastal sites in the British Isles and beyond between the 9th and 11th centuries. You can read about these ten things, starting in this month's **POSTEN**.

1. Vikings didn't wear horned helmets.

Forget almost every Viking warrior costume you've ever seen. Sure, the pugnacious Norsemen probably sported headgear, but that whole horn festooned helmet look? Depictions dating from the Viking age don't show it, and the only authentic Viking helmet ever discovered is decidedly horn-free. Painters seem to have fabricated the trend during the 19th century, perhaps inspired by descriptions of northern Europeans by ancient Greek and Roman chroniclers. Long before the Viking's time Norse and Germanic pagan priests did indeed wear horned helmets for ceremonial purposes.



2. Vikings were known for their excellent hygiene.

Between rowing boats and decapitating enemies, Viking men must have stunk to high Valhalla, right? Quite the opposite. Excavations of Viking sites have turned up tweezers, combs and ear cleaners made from animal bones and antlers. Vikings also bathed at least once a week—much more frequently than other Europeans of their day—and enjoyed dips in natural hot springs.

(Article taken from the June 2017 Norden Star newsletter.)

Kalender

Aug. 12: Viking Battalion 75th
Anniversary
Camp Ripley, MN

Aug. 17: Strategic Planning
Meeting, 2 pm at
Keith Jorgensen's Home

Aug. 22: Lodge Picnic, 6:30 at
The Cedar Falls Boat Club

Sept.5: Lodge Business Meeting

Sept. 18: Book Club

Sept. 22: Lodge Meeting
Jon Tehven, "So You
Want to be Chair of the Board?"

If you have any ideas for
programs for 2018, please share
them with Jon and/or Gloria
Tehven. Thank-you!

Solglimt POSTEN
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