

Solglimt Posten
Volume XXXVI, No. 6
June 2011

The mission of the Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic Countries, and to provide quality insurance and financial products to its members.

Sturgis Falls Celebration

Friday, Saturday, Sunday--June 24,25,26
Overman Park, Cedar Falls

Menu

Norwegian Goodies
Sloppy Oles
Varme Polse
Lefse
Pop and Water

Program

Theme: Summer Magic

Solglimt Lodge Food Booth

Food Committee

Everybody!

All members participating!

Chairperson: **Rod Hamer**

(More information elsewhere in the **POSTEN**)

**Bakers
Are Still
Needed!**

If you have not yet committed to bake Norwegian goodies for the Booth, or if you can increase the amount you offered, or if you have questions, please contact **Jon Tehven, 352-6094** or tehven@msn.com, **Clare Palmer 266-8635**, or **Karolyn Haugebak 277-2294**, or **Rod Hamer 277-2248** or hamer@iastate.edu.

Directions for Packaging Food

Use sandwich size Zip Lock bags for packaging.

Bars: Cut into 2 1/2 inch squares. 1 per bag.

Cookies: Large--1 per bag

Medium--2 per bag

Kringla, Krumkaka: Large--1 per bag

Medium: 2 per bag

Breads: Bake in small loaf pans; wrap in plastic wrap.

Puff Pastry, Coffee Cakes, Cinnamon Rolls:

We will cut at booth.

Bring all items in non-returnable containers to the booth in the Southeast corner of Overman Park by 12:00 p.m. on Friday, or 9:00 a.m. on Saturday and Sunday.

(More information elsewhere in the **POSTEN**)

Unbelievably, it is June! Did we even have spring? And June, as you all know, brings Sturgis Falls Days and our food booth. This is an important event for our Lodge and needs everyone's efforts. It is our annual fund raiser to finance the rest of our Lodge year's activities. Yes, we raise a few dollars with cookbooks, a small portion of the dues paid, and a few dollars returned to us by our SON financial arm, but these dollars would not fund our Lodge for very long.

What do we need for the food booth? Easy: your time, talents and treasures! No, not ALL your time, talents or treasures, just share a little with us and together we will be fine. So please come work at the booth, bake a few "Norwegian goodies" for us, or donate a few dollars. Whether you do one or all of these things, every bit helps. If you have never worked at the booth, sign up and give it a try. We have a lot of fun, hear some great music and meet many new and old friends in the process.

(*Fra presidenten* continues on the last page)

Secretary's Notes, *Syttende Mai*, 2011 Lodge Meeting

President Keith Jorgensen called the Lodge's *Syttende Mai* meeting to order at the Cedar Falls Woman's Club with a welcome to members and guests who had gathered to celebrate the heritage and culture of Norway and Constitution Day.

Musicians Sonja Lynch and Pat Hagen led the group in the anthems, Pledge of Allegiance and table prayer.

A traditional Norwegian dinner was served buffet style.

Duane Lindberg and, later, **Diane Hamer** were presented with certificates and pins for their recruitment efforts in bringing new members into the Lodge.



President Jorgensen extended thank yous to **Percy Slattenow**, **Axe Haugen**, and **Carol Schultz** who provided the *fruktsuppe*, *rømmegrøt*, and *lefse*. Thanks also to **Joyce Spande** who welcomed **Bev Haugen**, **Karolyn Haugebak** and **Bev Saug** into her kitchen where they prepared many of the evening's desserts. Additional thanks to those who brought Norwegian Delights to share.

Among the guests who were introduced and welcomed were exchange student Andrea Sohagen from Kristiansand, Norway, and her host parent, Teresa Moerer. Andrea is a senior at Waverly/Shell Rock High School and a member of this year's graduating class.



Social Director Cheryl Moore introduced the evening's program presenter, Hardanger fiddler Andrea Een. Dr. Een, professional musician and professor at St. Olaf's College in Northfield, Minn., performed original compositions and traditional fiddle tunes on four different Hardanger fiddles, and gave some background on the tunes and fiddles along the way. An interesting and informative Q and A session followed Dr. Een's performance and members were invited to view her collection of fiddles "up close" following the meeting. CDs were available for purchase as well.



Coordinator Rod Hamer circulated the Sturgis Falls sign-up chart and encouraged member participation in this annual fund-raising event.

President Jorgensen announced that this year's August picnic/*barneløpet* would take place at Valley Lutheran High School on August 9. Mark your calendars!

Financial Benefits Counselor Dave Tesdahl referred to the *Advisor* and encouraged members to review their retirement plans and explore all options. As always, Dave is available for consultation and welcomes questions regarding financial matters.

As there was no further business, the meeting was adjourned.

Respectfully submitted,
Eunice Becker, Secretary

Book Club

The June meeting of the Book Club will be at the Hu Hot Mongolian Grill, 6301 University Ave. in Cedar Falls. The group will meet for lunch at the restaurant at 11:30 on Monday, June 20th.

The books for discussion are The Race of the Birkebeiners by Lunge-Larsen and The Yellow Star: The Legend of King Christian of Denmark by Deedy. (Note: The books are different from what was reported in the May POSTEN.)

The next meeting of the Book Club will be in September.

Sons of Norway Benefits

To learn more about the many financial products offered by the Sons of Norway, contact:

David W. Tesdahl
(319)310-3731
tesdahl@aol.com

If you know of anyone who could use a little sunshine please contact:

Beverly Haugen
3524 Chapman Court
Cedar Falls, IA 50613
266-2269 or bhaugen@cfu.net

**Secretary's Notes, May 3, 2011
Business Meeting**

Solglimt's monthly business meeting was called to order by **President Keith Jorgensen** on Tuesday, May 3, at Advanced Systems, Inc. (ASI). Present were **Harold Sundet, Gloria Tehven, Helen Rostad, Barb Freet** and **Eunice Becker**.

It was moved and seconded (**Harold/Barb**) to approve the minutes of the April meeting. Motion carried.

Treasurer Harold Sundet shared thank-yous from the following for recent Lodge donations: Danish Immigrant Museum, Vesterheim, NAHA and Ski for Light. Expenditures of \$1,503.50 during the month left a balance of \$3,798.37 in the Lodge operating account to date. Treasurer's report accepted (**Harold/Helen**).

Membership Secretary Helen Rostad circulated the March Activity Report showing address changes, new and reinstated members and a membership total of 165. **Keith** noted that the Membership Committee is in the process of setting up a meeting date.

Cultural Director Barb Freet reported that she and **Co-Director Pam Flanders** are checking on day-trip destinations.

Editor Gloria Tehven requested news items and reports by June 1 for the next issue of the **Posten**.

Syttende Mai plans are underway. It was agreed to set the cost of the dinner at \$15 per person.

Sturgis Falls preparations have started with committee meetings under the direction of **SF Coordinator Rod Hamer**.

No date was determined for August's picnic/*barnelopet* pending further checking on the availability of the facilities. (Note: Later scheduled for August 9th. eb)

In checking with the CFWC regarding a digital projector for use at Lodge

meetings, **Keith** found that the Club does indeed have a projector. As it has not proved compatible with all computers, however, further checking will be done to see if this can be remedied.

The next business meeting is scheduled for Tuesday, June 7, at ASI, 4 p.m.

Respectfully submitted,
Eunice Becker, Secretary

Lodge Member News

Rod Hamer has returned from Alabama where he assisted in Red Cross relief efforts to provide aid to victims devastated by recent tornadoes.

Congratulations to **Hovey Brom**, named winner of one of the "8 Over 80" awards sponsored by *The Courier*. The awards are designed to honor Cedar Valley residents who have established themselves as leaders and contributors to the community's well being.

Brom, a retired architect, and his seven co-winners will be honored at a noon luncheon June 23 at Park Place Event Centre in Cedar Falls.

Another of this year's honorees is the Reverend Homer Larsen, known to many *Solglimt* members as pastor *emeritus* of Nazareth Lutheran Church in Cedar Falls.

Congratulations to **Leo and Joan Ogden** who celebrated their 35th wedding anniversary on June 4th!

Congratulations to **Sonja Lynch** who has completed 10 years serving as a Professor of English at Wartburg College.

Rosemaling Class

The *rosemalers* met at the home of **Elsa Waschek** on May 17, 24, and 31 and on June 7. To find out when the next meeting will be, call **Elsa** at **266-3696**. It may be on June 21st.

Mark Your Calendars: August 9

Our next meeting will be the 2nd Tuesday in August, on the 9th! This change was necessary so we could have our *Barnelopet* before classes start for many of the children who will be participating.

Bring your children/grandchildren to the Pot Luck Picnic at Valley Lutheran School for this special event. Bring food, too! And "Bring a Thing" from your heritage to share!

In the picture below, **Elizabeth Konig**, dressed in her beautiful *bunad* for the *Syttende Mai* Celebration, (Several others wore their *bunads*, Norwegian sweaters and jewelry for the Celebration!) examines an old family Bible brought to the meeting by another attendee. This is the type of thing that we hope many of you will share at our August meeting!!



Kalendar

June 7: Rosemaling Class
Lodge Business Meeting

June 19: Father's Day

June 20: Book Club

June 21: Rosemaling Class (maybe)

June 24 - 26: Sturgis Falls Days
July 28 - 29: Nordic Fest, Decorah

August 2: Lodge Business Meeting

**August 9: Lodge Meeting
Barnelopot/Pot Luck
Heritage Night**

(*Fra Presidenten*, continued)

Those of you who were able to enjoy our Lodge's *Syttende Mai* celebration meeting were among the best fed and entertained folks on the earth that evening! The woman's Club did a great job preparing a delicious meal (yes, even the *lutefisk!*) for us.

A big *Mange Tak* to several of our lodge members who also contributed to the meal. We had the luxury of **Percy Slattenow's fruktsuppe**, **Axe Haugen's rommegrot**, **Carol Shultz's lefse**, and Norsk Delights by a number of our members. Andrea Een was exceptional, entertaining us with her four Hardanger Fiddles! What a fun night with the Sons of Norway!

Now coming up in June is our Sturgis Falls Booth during the celebration on June 24-26. I know that many of you will be helping out with this FUNd raising event!!

Solglimt Posten

Gloria Tehven, Editor
1507 Hickory Heights Drive
Waverly, IA 50677

July gives way for a vacation month as far as Lodge activities go. However, place August 9th on your calendar for our end of summer pot luck picnic and *Barnelopot* held again at Valley Lutheran High School in Cedar Falls.

After a summer's rest, September brings renewed energy for the Lodge and our fall activities. I urge you to double your efforts in searching for new members who can also enjoy all the great things you already enjoy about our Lodge. You have a great Lodge, be sure to share it!

Hilsen fra!

Keith Jorgensen, President

Editor's Note: The next *Posten* will come out the third week of July with information about our August meeting. Please send items you would like to share by July 18th to:

Gloria Tehven
tehven@msn.com
(or to the address above)

WARNING

(Ed. Note: This scam alert was sent to Lodge officers by Sons of Norway Headquarters and we were asked to share it with our members.)

A letter was sent to some members within the organization from a company called "Good News" with a salutation of "Dear Fellow Sons of Norway Member" that solicits members for a \$2.00 payment for "materials". There is no connection between Sons of Norway and the aforementioned company. Also, we neither support, nor endorse, their business ventures. We have contacted the company requesting that they stop contacting our members in a manner that suggests any relationship between our companies.

If you receive information from "Good News", either disregard it entirely or contact Sons of Norway headquarters by calling **1-800-945-8851**

2011

Chairperson: Rod Hamer

Float Chair: Dianne Peterson, Karolyn Haugebak

Float Crew: Dave (Chr) & Karolyn Haugebak, Dave Palmer, Bill Hanson

Decorations: Dianne Peterson, Karolyn Haugebak

Purchasing: Clare Palmer, Karolyn Haugebak,

Workers: Jon Tehven

Pre SFalls letter: Jon Tehven

Money Mgr: Dorothy Sundet

Thursday Set-Up: 4:30

Dave Palmer
Bill Hanson
Dave Haugebak
Rod Hamer
Ronald Syverud

Sunday Take-Down

Dave & Clare Palmer
Bill Hanson
Dave Haugebak
Rod Hamer

Work Crews

Friday, June 25 – Noon - 9 pm

8:00 – 5:00 – Chr-

Noon – 3:00

Janie Benson
Howard Braden

5:00 – 9:00 – Chr –

3:00 – 6:00 pm

6:00 – 9:00 pm (Friday)

Pam Flanders
JoAn Headington
Keith Jorgensen
Jon Tehven

Saturday, June 26 – 8:00 –9:00 pm

8:00 – 2:00: Chr-Keith Jorgensen

8:30 am – 12:30 pm

Bev Haugen

2:00 – 9:00

Chr:

Noon – 3:00 pm

Elsa Waschek
Arvid Waschek

3:00 – 6:00 pm

Phyllis Norby

6:00 – 9:00 pm

Jon Tehven

Sunday, June 27 – 8:00 – 2:00

Chr – Cheryl Moore

8:30 – Noon

Howard Braden
Bev Haugen
Axe Haugen

2:00 – 7:00 Chr – Bev & Larry Saug

Noon – 3:00 pm

Bev Rustad
Phyl Michel

2:00 – 7:00 pm (Also, take down)

Keith Jorgensen
Jon Tehven

